

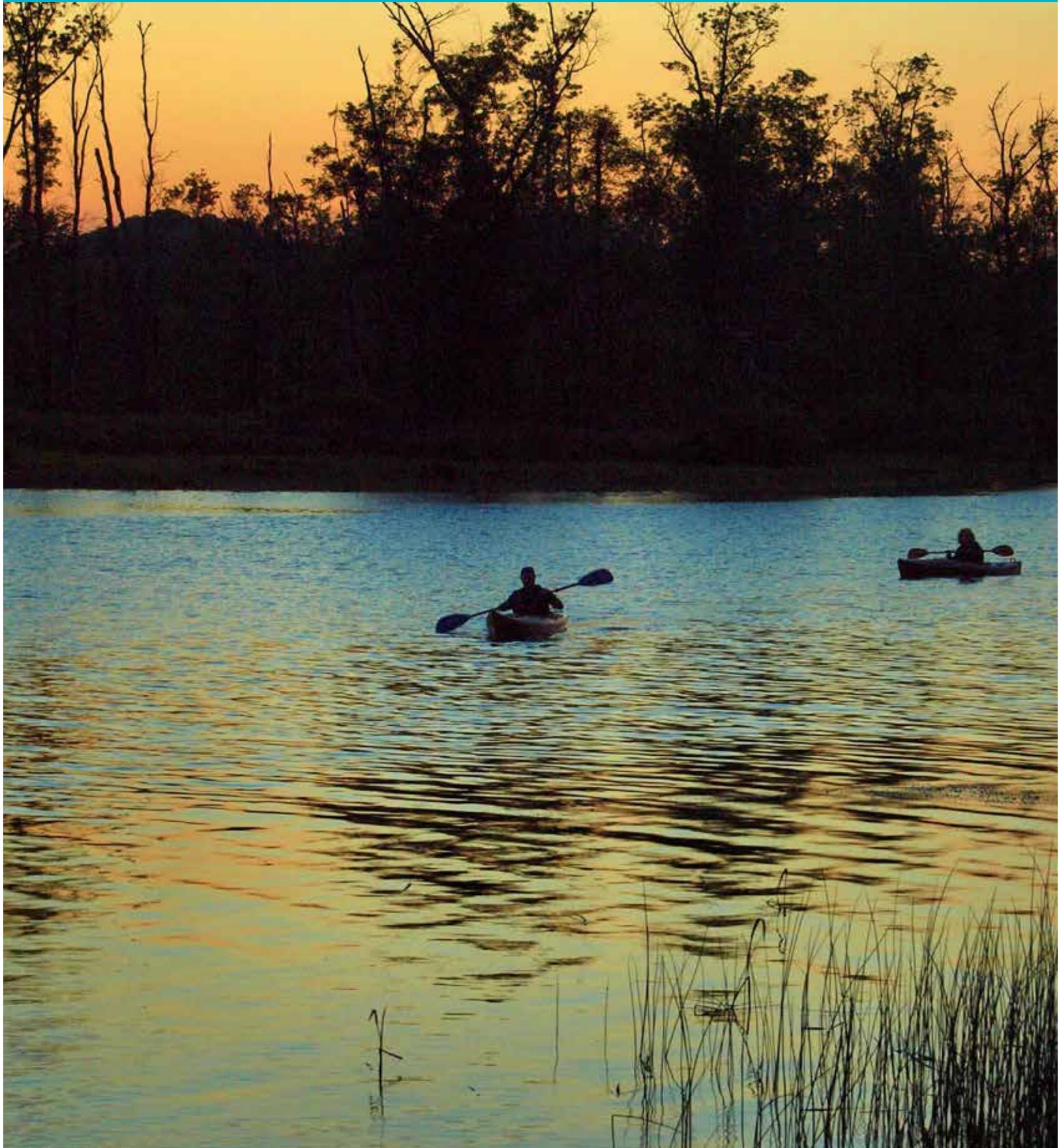
East Haddam



Events

www.eventsmagazines.com

Volume 7 • Quarter 3 • 2014



SMARTER CARE NOW HAS A NEW ADDRESS

Shoreline Medical Center Is Now Open in Westbrook

At twice the size of our previous facility in Essex, our new Shoreline Medical Center in Westbrook offers expanded 24/7 emergency care and outpatient diagnostic services, including a new women's imaging center, a brand new MRI suite, CT, X-Ray, a full service lab and more. Best of all, it's conveniently located right off Exit 65 on I-95. Delivering state-of-the-art care to more of the state—that's *The Smarter Choice for Care*.

***Learn more at middlesexhospital.org/shoreline
or call (860) 358-3700***



250 Flat Rock Place
Westbrook

The Smarter Choice for Care
 **MIDDLESEX HOSPITAL**

First Selectman's Corner

It's a very busy summer here in East Haddam! There are many exciting projects in the works funded by State Grants, local funds and private donations.

Grange Hall/Town Hall project: \$200,000 STEAP Grant

This project is nearing completion. It revives the Little Haddam Historic District by bringing back to life two significant buildings, our Town Hall and Grange Hall. Both are now handicapped accessible, have fresh coats of paint, amazing historic-period appropriate light fixtures, improved greens, new rock walls and designated parking area.

 **Center for Community Agriculture:**
\$431,200 STEAP Grant
\$20,000 State of Connecticut Agriculture Grant
\$25,000 Private Donation from InCord Ltd.
\$16,000 Consumers Union of U.S.

We began planning for this project in 2011. In 2012 we applied for and were ultimately awarded a STEAP grant to build a Center for Community Agriculture. The town of East Haddam approved the acceptance of the grant at a Town Meeting, June 19, 2013. The Center is being built at the Town-owned Harris Farm. The Center will serve as an agricultural business incubator for new farmers; a technical resource for new and existing agricultural businesses; food processing center and a community farm for area residents.

The Town will be working cooperatively with the Middlesex



Some of our recent Volunteers of the Month.
 Left to right: Zachary Bogue, Nicole Muckenhirn,
 Mark Walter, Sylena Krackzowsky and Joshua Lake

County Farm Bureau, UCONN Agricultural Extension Services, and the Small Business Development Center out of Middletown. Our goal is to work communally with the 4-H program and the Vocational Agriculture (VO-AG) program at the high school to build on technical resources for agricultural education.

Agriculture and agriculture-related businesses are an important part of commerce for our town and the region. The Town's Economic Development strategy includes improving the business environment for farms and agriculture. Agricultural development preserves our rural character, creates new jobs, and promotes food security through Connecticut-grown produce.

continued on page 2

POLITO & QUINN
 TRIAL LAWYERS

Serving Connecticut and Rhode Island

Connecticut "Super Lawyers®" for 8 consecutive years

We are proud of what our clients say about us:

My experience with Polito & Quinn was very positive – especially under some difficult circumstances regarding our son's personal injury case. I would not hesitate to recommend their services to friends and family.
 – Paige D. –

I want to thank Polito & Quinn and staff for the amazing work. Thank you for being so understanding and caring. I am very happy with your service.
 – Erika S. –

If you need a personal injury lawyer they are the ones to call. If I had a question about anything they would give me the truth and if they didn't have the answer they would get it within days. Everyone in this office cares about the injured as well as family. They were very knowledgeable about all aspects of the wellbeing of my family and they actually made my family feel like a part of theirs.
 – Graham H. –

Tel: (860) 447-3300 | www.politoandquinn.com

Wrongful Death • Medical Malpractice • Automobile Accidents
 Practicing In... Mohegan Tribal Courts • Mashantucket Tribal Courts

Call today for a private tour: 860-345-3779

Resident Pat Darby on her way to town for a shopping trip

“At The Saybrook at Haddam, I am able to get out often and enjoy my independence.”

For Pat Darby, life is great at The Saybrook at Haddam, the region's premier assisted living and retirement community. Her days are filled with enjoyable activities and adventures, good friends, great service and wonderful food. Each day there are plenty of activities—including outings to shops, restaurants and cultural events in the Connecticut River Valley.

For independent residents, we offer gracious retirement living at an unmatched value.

For residents who need more assistance with daily living, the staff is ready to meet their needs.

Also featuring **Safe Harbor,** for residents with Alzheimer's or dementia.



An Assisted Living Retirement Community
 1556 Saybrook Road, Haddam, CT 06438
 www.thesaybrookathaddam.com

First Selectman's Corner ... continued from page 1

The Center will provide a focal point for regional organic farming through the plots of land available for incubator farms and resident gardeners. The Center will also serve as an important venue for education and training.

Agricultural activity opens doors to secondary investments for local farms and agriculturally-oriented commercial development, and expands public and private-sector economic development activities centered on organic farming and food security. It is anticipated that all of these activities, will, in-turn, create jobs and additional business activity in our community.

The town has made a small investment in the center's operating budget to seed this project - \$6,000 in the 2014-2015 budget. This is a momentous endeavor in preserving our agricultural history. It is planned that revenues from the center will exceed expenditures and will sustain its viability for years to come.

State of Connecticut School Security Grant: \$524,500**State of Connecticut School Technology Infrastructure Grant: \$310,921**

Our schools are the benefactors of two major Grants - the State of Connecticut School Security Grant and the School Technology Infrastructure Grant. A year ago the Shared Services department authored two grant applications to benefit our schools with regard to security and technology. We were awarded a total of \$835 thousand for those endeavors. Both grants will positively impact our school system for years to come, and this summer we will be implementing those grant monies to:

- Create a standardized security platform across the entire School District including installing updated intrusion detection security systems, card access systems, camera systems and automated lockdown notification devices (panic buttons) in all three schools within the district. All systems will be tied together through an integrated security software platform. At the completion of this project we will continue to build on the safe and healthy learning environment the district currently fosters, deter and reduce crime through the visible presence of security equipment and provide responding local law enforcement with early notifications and critical information during emergency situations.
- Create a new technology infrastructure for our schools to include adding additional computers for our classrooms and increased bandwidth capacity for our schools. This grant is vital for our district as we prepare for the 2014-2015 school year computer-based Smarter Balanced Assessment training.

Future Capital Projects: \$190,000

The Board of Finance has carefully evaluated the maximum debt load the town could handle without compromising the town's credit rating. As a result they have allocated \$190,000 in the 2014-2015 budget to our savings account to offset the impact of the future projects. Four potential major projects have been identified that need the town's attention, they are - creating a new municipal facilities complex at the site of the former middle school; elementary school code upgrades to include necessary improvements such as replacement of the roof and fire code compliance; expansion upgrades to the fire company #1 and #2. We have sought out many grant opportunities to accomplish this task. We were hopeful that there would be grant funding through

the USDA (United States Department of Agriculture) for our beautiful rural community. In the end that did not come to fruition. The grant funding to the northeast area was minimal at best and many community's hopes were dashed. We continue to refocus and we are reevaluating the fundamental needs of each of these improvements within the scope of taxpayer dollars - the goal continues to be - to convert the old middle school into municipal office space, do the necessary upgrades to the elementary school and to ensure we provide the essentials to our emergency responders. We understand that the town, just like you, needs to operate within the confines of available resources. All that being said, we have an amazing opportunity with the property where the town offices are located. A premier Connecticut River location - the community will need to decide what to do with the most beautiful piece of land on the Connecticut River should the town offices relocate.

Opportunity is knocking, which door should we open? The advantages are bountiful...

Wastewater Treatment Plant: \$99,000 STEAP Grant

This project will encompass repair, rehabilitation and modification of the facility, modification to air handling system, removal of non-essential equipment and repair roofing and fascia. Construction will begin this summer.

State Rt. 82 East Haddam Village Bridge 1 and 2 replacement

This project continues to proceed right on schedule with the setting of the cranes and the installation of the three sided culverts for bridge #1. By the time you read this, bridge #2 should be well underway. November 1st cannot come soon enough!

2014-2015 Budget

There are many great components of the budget that was just passed. Some of the highlights include:

- Beautification of town properties including our town greens and cemeteries
- Public safety enhancements to police, firefighter and ambulance coverage



Heather Hunt and State Representative Melissa Ziobron, cutting the ribbon on the largest solar installation in East Haddam at Shagbark and Farm Supplies. Thank you to Shagbark's owners Fred and Jodi Hunt for their continued

investment in our community. The celebration was a testament to how important our local businesses are to our community.

continued on page 3

First Selectman's Corner ... continued from page 2

- Support for the Conservation Commission's effort to give our citizens access to town properties
 - A partnership with our Lake's Associations to help improve the quality of our water and drainage infrastructure
- Please call me any time to review these exciting plans or discuss your ideas to continue this effort to make East Haddam one of the greatest places to live in America!

Volunteer Reception

The Volunteer of the Month Reception was held on Sunday, May 18, at 3 p.m. at the Senior Center. Those volunteers named during the past two years were honored at this event. If you would like to nominate someone, please do so in a letter to the First Selectman.

Mark B. Walter, First Selectman

Future Leaders of Our Town



*First Selectman for the Day:
Noah Bonilla and
Joey Girouard*

Every year town and school officials welcome the arrival of members of our sixth grade class for Government Day. This year's Government Day program was held on May 14. Students are selected for their positions on the basis of a letter they prepare explaining which position they would like to hold for the day and their reasons for that choice.

The program encourages student participation in the daily workings of municipal government and education with a first hand experience of what is expected. The students are exposed to a variety of opportunities to learn about road projects, building, sanitation and fire codes, law enforcement, land use regulations and vernal pools,

government finance, tax collection, records maintenance, voter requirements, property values, economic development, animal care and enforcement, senior services, youth and family services, probate court, parks and recreation, library services, and educational administration.

Students and staff both enjoy the experience. The day concludes with lunch for all participants at the middle school.



6th Grade Government Day Participants

Ziobron Keeps Her Pledge to Adopt State Parks

As part of "Connecticut Trails Day Weekend," Rep. Melissa Ziobron along with expert birder, Anthony Zemba and almost 40 participants attended "Birds at Hurd" held at Hurd State Park in East Hampton earlier this spring for a three-mile educational bird walk.

Last fall, Ziobron "adopted" four state parks as part of a program to help raise awareness for Connecticut State Parks and to mark the centennial of the State Park system in Connecticut. The "Birds at Hurd" event was the last event in the series. "My district is home to many state parks and advocating for them and the people who care for them, continues to be one of my top priorities" said Ziobron.

Ziobron adopted four parks in her district: Hurd State Park in East Hampton, Gillette Castle State Park in East Haddam, Sunrise State Park in Moodus and Meshomasic State Forest in East Hampton. Since taking this pledge last year, she held successful events at all of her adopted parks. During the 2014 legislative session Ziobron also spearheaded the fight for additional staffing at Connecticut state parks. The effort was successful and for the first time in years the adopted state budget includes much needed staff. Nine new state park staffers will join the other seventy employees to help care for the 109

state parks in Connecticut.

"Please take this opportunity to enjoy your parks this summer and all year long. For a listing of all of these special places, please visit ct.gov/deep or visit their FB page "CTStateParks", Ziobron said.

Melissa Ziobron represents the 34th district communities of Colchester, East Haddam and East Hampton.



As part of "Connecticut Trails Day Weekend," Rep. Melissa Ziobron, expert birder from Connecticut Audubon's staff, Anthony Zemba and eager participants attended "Birds at Hurd;" located at Hurd State Park in East Hampton on Saturday, June 7 for a three-mile educational bird walk.

Community Classes at CTMS

The Children's Tree Montessori School will be opening a Toddler and Parent Infant program this fall for children 6 weeks - 36 mos.

"Education begins at birth" - Dr. Maria Montessori

The first three years of life are the most fundamental in the development of human beings and their potential. The infant's physical development is phenomenal and inspires our care and attention.

The class is set in a Nido, (meaning "nest" in Italian), and each class provides a unique opportunity to engage with your child, as they exercise their independence by exploring a specially prepared environment. Furniture and materials in the room are carefully chosen and designed to aid in the development of movement and coordination, language and cognitive development.

The Community is designed to support parents in the important role as your child's first teacher. The role of the parent in this class is to observe, support, and encourage the natural development of your child.

The class is facilitated by an experienced Montessori teacher who serves as a guide and model for parents and children as they explore the environment, offering practical examples of how to follow through with learning experiences at home.

This class will also deepen your understanding of Montessori philosophy and its application in the home setting. Through both interaction and observation, parents and caregivers gain valuable insight regarding their infant's path of development. The class serves as a forum for parents to share and exchange information with each other. Each week will feature an overview and discussion of a topic pertaining to infant development and whole child parenting.

For more information contact The Children's Tree Montessori School at 860-388-3536 or visit us on the web at www.childrenstree.org.

CTMS is a non-profit 501©(3). We welcome and consider all applications without regard to race, religion, ethnic, or nationality.

Marci Martindale

Congratulations to the Class of 2014!

EST. 1959

R.A. Parady & Sons, Inc.

ROOFING • SIDING • REMODELING
Residential ★ Commercial ★ Industrial

- | | |
|----------------------------|----------------------------|
| • Wood & Asphalt Shingles | • Architectural Metal Rfg. |
| • Slate & Tile Specialists | • Copper & Aluminum Gutter |
| • E.P.D.M. Systems | • Additions & Remodeling |
| • Modified Bitumen | • Wood & Vinyl Siding |
| • Sheet Metal Fabrications | • Full Chimney Maintenance |

FREE ESTIMATES • FULLY INSURED

CT LICENSE 502520

CALL **1-800-569-1440**

873-8687

EAST HADDAM

388-9895

OLD SAYBROOK

ROUTE 82 & 151 - EAST HADDAM INDUSTRIAL PARK



Business Directory

www.EastHaddam.org



On the Municipal Website

Information on 250+ Town Businesses

WHERE TO EAT (snacks, dining and grocery)

WHERE TO SHOP (retail, gifts and antiques)

WHAT TO DO (entertainment, arts and outdoors)

HOUSEHOLD LIVING (home & garden, pet and auto)

PERSONAL CARE (grooming, health & wellness, care)

FAMILY & CHILD AND OTHER SERVICES...

YOU KNOW ME.

*"I love being your
voice in Hartford.
Put me back to
work for you in
2015."*

ReElect **Melissa**
Ziobron

State Rep 34th

*My family and I have lived in this
district our whole lives. I am proud of
my long record of volunteerism and
dedication to our small businesses,
state parks, and local schools.*

*You know that I speak up on key issues,
listen to my community, and will
continue to work hard to keep our way
of life the way it should be.*



#cthouse34

www.melissaziobron.com

Paid for by MZ-2014 Mike Werner, Treasurer. Approved by Melissa Ziobron

Registrars of Voters

The Registrars have completed their annual CANVASS of voters. Data from the U.S. Postal Service, the DMV and the Secretary of State's office is used to make sure the voting list is accurate and up-to-date.

Your Registrars and their Deputies have also attended the Spring Conference of ROVAC (Registrars of Voters Association, Connecticut). At the conference we are updated on recent changes to Connecticut election laws and procedures. Registrars also had the opportunity to discuss Election Day and online voter registration.

Registrars are preparing for the August 12 Connecticut State Republican Primary which will be held at the Nathan Hale-Ray High School on School Drive from 6:00 a.m. 'til 8:00 p.m. We encourage the participation of all registered Republicans.

For ongoing information concerning local or state election issues, citizens may check our town website, www.easthaddam.org or the Secretary of State's web site www.sots.ct.gov.

*Registrars of Voters
Lucy Yacovino & Laurie Alt*

From the Assessor

The Assessor's office began accepting applications for the Elderly and Totally Disabled Renters Rebate Program on April 1, 2014. Applicant's total income must not exceed \$34,100 for a single person, \$41,600 for a couple (joint income), including Social Security and Medicare. Applicants must be 65 or older or totally disabled and bring all income, rent, and utility information from 2013. The deadline for filing is October 1, 2014.

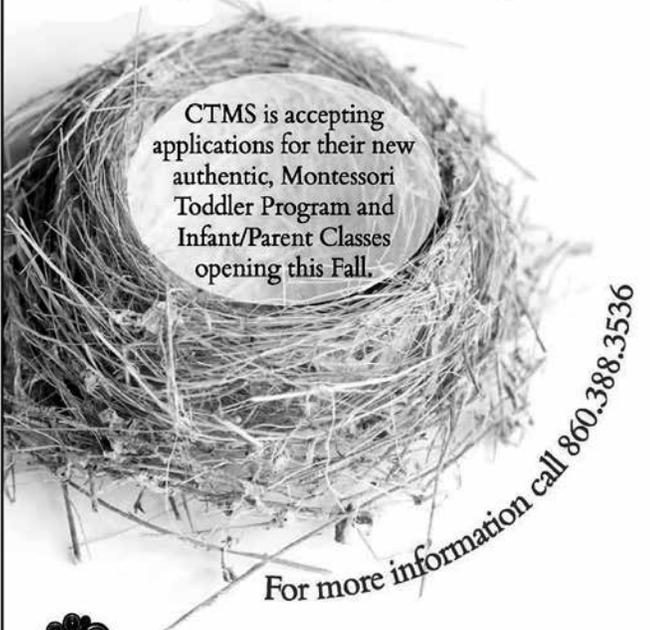
Residents whose motor vehicles have been sold, stolen, totaled, or who have moved out-of-state may be eligible for a pro-ration of their car taxes.

Two forms of proof are necessary to pro-rate or remove a vehicle from the grand list. Residents must bring a copy of the

plate receipt issued by the Department of Motor Vehicles at the time of cancellation of registration, and a copy of one of the following: bill of sale, transfer of title, receipt from junkyard, notification of total loss, trade-in papers, or some other document showing the date on which the vehicle was disposed.

The Assessor's office has its own web page on the town website (easthaddam.org). Included is information on real estate, personal property, and motor vehicle assessments; property tax relief for seniors, veterans, and the disabled; renters' rebate; information on revaluation; access to applications and forms pertaining to the Assessor's office.

Our Tree now has a "Nest"
A Nurturing Community for your Young Children



CTMS is accepting applications for their new authentic, Montessori Toddler Program and Infant/Parent Classes opening this Fall.

For more information call 860.388.3536



THE CHILDREN'S TREE
MONTESSORI SCHOOL

Marci Martindale / Head of School
860.388.3536 / marci@childrenstree.com
96 Essex Rd, Old Saybrook, CT
www.childrenstree.org

ALL ♻️ WASTE CONTROL, INC.

YOU CALL
860-873-9005
WE HAUL

Serving East Haddam, Colchester and surrounding communities

Family owned and operated since 1973

Residential, Commercial and Special Pick Up

No Yearly Contract

12 & 15 Yd. containers are available for Spring clean up.
You can also reach us at awcmoodus@gmail.com





BUY AHEAD PROGRAM

2014-2015 Heating Season



1000 gallons or more (price break)	Pay by Credit Card	Pay by Check
\$3.67 Per Gallon	\$3.74 Per Gallon	\$3.69 Per Gallon
600min	\$2,224.00	\$2,214.00
700	\$2,618.00	\$2,583.00
800	\$2,992.00	\$2,952.00
900	\$3,366.00	\$3,321.00
1000	\$3,720.00	\$3,670.00
1200	\$4,464.00	\$4,404.00

Cap & Budget Programs Available ( call office for further information)

*Larger Discounts Available for Group Purchasers
(10 or more close-by friends, neighbors, etc)
and for deliveries more than 2000 gallons!*

ATTENTION

The state of Connecticut has passed new legislation:

***No Oil Dealer Can Sell Pre-Paid Oil
from November Through March!***

Don't Put It Off... Reserve Your Oil Today!

OUR DAILY FUEL OIL PRICE IS ON OUR WEBSITE:

www.moronioil.com

447 Spencer Plains Road · WESTBROOK CT 06498

860 388-2298 • FAX: **860 388-5557**

A FAMILY BUSINESS SERVING FAMILIES

THREE GENERATIONS, OVER 67 YEARS OF CONTINUOUS AND RELIABLE HEATING OIL DELIVERY

- Automatic Fuel Oil Delivery
- Burner Installation
- 24-Hour Emergency Service



Top Dog



Top Dog Lola

Congratulations to Lola, a five year old Alaskan Husky owned by the Wargo family for being this year's top dog. Lola proudly sports the #1 tag.

Finn, a golden retriever owned by the Goodspeed family was runner up and earned the #2 spot.

Sixth grade students Tucker, Colin, McKayla and Charlotte compiled the entries as part of their experience on Government Day. The middle school students participated in an election to

determine the top dog. Thanks also to Phoebe, Izzy, Nikolette, Zeus, Cisco, Brewster, Cayenne, Bruno, Brandie, Blue, Bruno #2, Malcolm, Luke, Spirit, Levi, Pandi, Samantha, Brutus, Bailey, Maverick and Itty Bitty for their participation.

All dogs over the age of six months are required to be licensed in the State of Connecticut annually. The Town Clerk's office began issuing the 2014 licenses on Monday, June 2. A valid rabies certificate is required.



Top Dog Runner up Finn

Tax Collector

A budget was passed at the second referendum on June 19, 2014. The Mill Rate for the 2013 Grand List was set at 27.90 (an increase of 1.89 mills). Tax bills for the 2013 Grand List were mailed in July and are due on August 1, 2014 payable by September 2, 2014 with no interest or penalty. The office is open until 7:00 p.m. on September 2, 2014. If you recently purchased property and did not receive a tax bill, please contact the Tax Office immediately.

Tax payments may be made in person, by mail or on-line. There is a secure lock box in the front alcove, which is available 24 hours. Payments may be dropped there after hours. If you choose to pay your taxes on-line, you may do so by going to www.easthaddam.org and clicking the "PAY TAXES" button. This will bring

you to Point & Pay, a firm that enables East Haddam to accept electronic payments at no cost to the town. There is a transaction fee of 2.95% on all credit/debit payments and a \$2.95 for e-checks. This fee applies to both online and in the office payments.

To inquire taxes owed, go to www.easthaddam.org. Under town departments select Tax Collector. Click the link for "Online Tax information".

This office is for the collection of taxes only. Any adjustments to your bill must be made by the Assessor (860-873-5026). The Tax Office may be reached at 860-873-5033 or taxcollector@easthaddam.org

Denise Dill, CCMC, Tax Collector

BALLEK'S GARDEN CENTER



\$5.00 OFF! ON PURCHASE of \$25.00
Good through September 2

FULL SERVICE GARDEN CENTER
Great Selection of Annuals, Perennials, Trees & Shrubs

FULL SERVICE FLORIST
Gardening Gifts & Fresh Cut Flowers

LANDSCAPING
Walls, Walks, Patios, Tree and Garden Installation

OPEN YEAR-ROUND SEE US ON FACEBOOK!

860-873-8878

90 Maple Avenue, East Haddam, CT
www.BalleksGardenCenter.com

Fox Ledge Farm



Riding Lessons
Beginner - Grand Prix
Dressage & Balanced Seat

Children's Day Camp
August 11 - 16

29-A Daniels Road
(off Rt. 151)
East Haddam, CT 06423
eqarts@snet.net
www.foxledgefarm.net

860.873.8108

18th Annual Venture Smith Day Festival

The 18th annual Venture Smith Day Festivities will be held in the cemetery at the First Church of Christ, 499 Town Street (Route 151), East Haddam on Saturday, Sept. 13 from 1:00 to 4:00 p.m. as part of the Connecticut Freedom Trail events. Son of an African king, Venture Smith became the first black man to document his capture from Africa and life as an American slave and successful black freeman in Connecticut. If you are interested in learning more about Connecticut history in the 1700 and 1800s you will want to attend this event. Please bring lawn chairs or blanket. In case of inclement weather the celebration will move into the parish house of First Church.

Guest speakers who will talk about their research regarding Venture Smith include author, Allegra diBonventura, *For Adams Sake: A Family Saga in Colonial New England*, Dr. Karl P. Stofko, Town of East Haddam municipal historian and Dr. John W. Sweet, associate professor of History, University of North Carolina at Chapel Hill.

Venture Smith's family genealogy and artifacts and crafts from Ghana and other regions of Africa will be on display. A town proclamation will be presented and wreath laying ceremony by the descendants of Venture Smith and the annual Venture family reunion photograph will take place in the cemetery by Venture's grave.

Guest speakers and Venture's descendants will be available to speak with attendees during light refreshments at the events conclusion. Call 860-873-9375 for more information. To review the original Venture Smith autobiography go to <http://www.docsouth.unc.edu/neh/venture2/menu.html>.

Eight Mile River Band Concert

Sunday, September 7

The Eight Mile River Band will perform a free concert at the Hadlyme Congregational Church, 47 Town Street in the Hadlyme section of town. The concert will begin at 1:00 p.m. With traditional to modern interpretations of Bluegrass Music, the Eight Mile River Band has been performing in Connecticut for almost 35 years. This local band brings its own arrangements of vocals and instrumentals to the stage and we know you'll like what you hear. Plan to join us for an afternoon of music and fun.

Holiday Closings

The Town Office Building and the Transfer Station will be closed on the following holidays:

Monday, September 1 - Labor Day

Monday, October 13 - Columbus Day

Regular hours will resume on the next business day.

HELP WANTED

If you have extra time, you can earn extra money!

Part-time Sales Representatives needed due to our recent growth.

Set your own work schedule. Sales experience helpful but not necessary.

Ideal for persons interested in supplementing their current income.

Grow with us! Send resume and cover letter to print@essexprinting.com. No phone calls please.

Bishopsgate Inn



The Kagel Family, Innkeepers

Built in 1818 by Horace Hayden, a merchant and shipbuilder, this is an exceptional historic Colonial. The Kagel family welcomes guests, with gracious hospitality, to their beautifully appointed home.

Just a shortwalk to the Goodspeed

Visit us at:

Bishopsgate.com

860-873-1677

*Wireless Internet / Cable TV / AC
Full Breakfast*

Relax and Renew

Massage
Reflexology
Cranial Sacral
Reiki

with

Barbara Gaudio

Licensed Massage Therapist

860.526.1111

info@BarbaraGaudio.com

250 Mt. Parnassus Rd., East Haddam, CT

www.BarbaraGaudio.com

Lic# 0003056

Events

MAGAZINES



East Haddam Events

TM Ventures, LLC
dba Essex Printing & Events Magazines

18 Industrial Park Road, P.O.Box 205
 Centerbrook, CT 06409
 860-767-9087 Fax 860-767-0259
 email: print@essexprinting.com
www.essexprinting.com

Publisher
 William E. McMinn

VP Marketing & Business Development
 Fred Holloran

Director of Advertising/Operations
 Suzanne Spires
suzanne@essexprinting.com 860-391-5534

Coordinator/Art Director
 Kathy Alsop
kathy@eventsmagazines.com 860-391-4372

Finance Manager
 Donna Evarts

Cover Editor
 AC Proctor 860-767-9087

Sales Representatives
 Ward Feirer
wfeirer@gmail.com 914-806-5500

Betty Martelle
betty@eventsmagazines.com 860-333-7117

Magazine Layout
 Amy Bransfield & Patricia Stenbeck

Cover Photo by AC Proctor

www.eventsmagazines.com

217,000 READERS
14 TOWNS EVERY QUARTER

Copyright © 2013 Events Magazines. All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording, or any information storage and retrieval system without written permission. Not responsible for omissions or typographical errors. All advertising material created by Essex Printing and Events Magazines is to be considered proprietary. Essex Printing and Events Magazines reserves the rights and license to all ad designs and photographic images produced by Essex Printing and Events Magazines. Reproduction rights for individual use in other publications is offered and available by purchase directly through Essex Printing and Events Magazines. Editorial appearing in this magazine is submitted by municipal agencies and other approved sources.

Senior Center Trips & Events

Call 860-873-5034 for information & to sign up.

Thursday, September 11: Newport Lighthouse Tour

Aboard the very comfortable catamaran Millennium, view the 10 lighthouses & islands of Narragansett Bay. Departs Quonset Point 1:00 p.m. 90 minute tour. \$32 per person. Lunch at local restaurant (dutch).

Saturday, October 18: Pumpkin Festival - Keene, New Hampshire

Spend the day enjoying nature. Entertainment, food & craft court, street performers. Grand Pumpkin Illumination of 30,000 pumpkins ... bring your own carved pumpkin to include in the "tall tower of pumpkins"! Lunch at Chandler's Restaurant.

Saturday, August 16: Flea, Tag, & Bake Sale

We will host a town-wide yard, or in this case 'park', sale at Heritage Park from 8:00 a.m. - 2:00 p.m. Vendors are needed. Space will be available for \$10.00 ... tables not provided. The Center will be selling baked goods, hotdogs, and beverages. Those wishing to volunteer the day of and/or wish to bake for the sale, sign up at the Center or call.

Hearing Screening & Seminar: Two day event. Thursday, August 7: hearing & wax screening. *Call for appointment.* Monday, September 8, 1:30 p.m.: Seminar & discussion will include how to protect your hearing.

Game Night is NOT just for TV: All are invited to our version of Game Night. Come alone or bring your own group. In the past, "gamers" have enjoyed a variety of card & board games, billiards, & horseshoes. Better than the television version, there will be no commercials! Tuesday, August 19. Make your own sundae. 6:00 p.m. - 8:30 p.m.

Commission on Aging

At a recent meeting of the Commission on Aging the following officers were elected to serve for the 2014-2015 year. They are Chairman, Jovita Cozean; Vice Chairman, Vicki Riley-Pach; Secretary, Jo Golec and Treasurer, Jim O'Brien. Other members on the Commission are Suzanne Bostelman, Rosalie Hoffman, Mary Ellen Klinck, John Pagnani and Alice Sabo.

This past year the members focused on reviewing the Tax Relief for the Elderly and Disabled Program, the replacement of two exercise machines and investigating the rise of electric rates and the Preferred Pharmacy designation by Connecticare for a local pharmacy. We will continue to focus on issues pertaining to our senior citizens.

The Commission will meet on the fourth Thursday of every other month beginning this July at 10:30 a.m. at the Senior Center. These meetings are open to the public.

Land Trust Fosters Conservation in Students

Youngsters are the future, which is why East Haddam Land Trust (EHLT), in cooperation with the East Haddam Conservation Commission (EHCC), worked with the Nathan Hale-Ray Middle School (NHRMS) Environmental Club to develop an outdoor classroom/hiking trail during this past school year.

Administrative intern Noah Ventola was the guiding force behind the Club. With cooperation from principal Jason Peacock and teacher advisor Glenn Anderson, Ventola helped students set the goal of creating an educational hiking trail adjacent to the school. Though thwarted by winter snows and spring rains, Club members and advisors constructed about 1/4 mile of the trail. In doing so students learned how to develop a path with minimal environmental disturbance and mitigate erosion; researched and identified shrubs, trees, and plants along the trail; and created and posted tree identification signage.

At the end of the school year participating students received certificates, while students with excellent Club attendance also received East Haddam Land Trust caps and East Haddam Conservation Commission patches. Participating students were Charlotte White, Alexis Behilo, Zachary Horeczy, Emily Rottino, Matthew McPherson and, as their schedules permitted, Cody Ibbotson, Ashley Coderre, Jayden Dorr, Ted Kuderko, Amanda French and Samantha Amenta.

East Haddam Land Trust (www.ehlt.org) looks forward to advising the 2014-2015 Environmental Club. Under the direction of teacher Glenn Anderson the Club's plans to complete and improve the trail, erect additional signage, and encourage more trail use as an outdoor classroom.



Pictured from left to right: Marilyn Gleeson (EHCC), Charlotte White, Noah Ventola, Alexis Behilo, Glenn Anderson, Zachary Horeczy, Emily Rottino, Martha McLaud Tonucci (EHLT), Matt McPherson and Rob Smith, EHLT President and EHCC Chairman

New Inn's

Professional Grooming Services Include:

- All Breed Hair Cuts
- Bathing/Drying
- Flea baths
- Nail clipping and Teethbrushing



Don't forget, we do Training and Boarding too!

www.NewInnKennels.com
860.873.8149

"Tails are waggin'..."

NEW INN KENNELS, LLC



"Pets are Braggin' about..."

"Worry Free Pet Care"

**Family Owned & Operated by
Ken & Judy Gronbrugge**
149 Sheepskin Hollow Road, East Haddam, CT 06423

9 TOWN TRANSIT



New Service in East Haddam!

**Public Transportation for all ages serving
Chester, Clinton, Deep River, East Haddam,
Essex, Haddam, Killingworth, Lyme, Old Lyme,
Old Saybrook & Westbrook**

Connections to Southeast Area Transit buses in New London,
CT Transit New Haven in Madison, Middletown Transit
and CT Transit Hartford in Middletown

Call 860-554-0551
www.9towntransit.com




9 Town Transit is Operated by the
Estuary Transit District

INHERITING?
RETIRING?
MOVING?

call 

**MILLER'S
ANTIQUES**

Since 1939
Stone Age to Moderne

860-873-8286

Let us Handle Your
Estate Sale

Business Updates

The East Haddam Economic Development Commission (EDC) is pleased to announce the following:

Cameron Family Farm, a consumer chicken hatchery, has opened a new retail location at 405 East Haddam Moodus Road (Route 149 near the intersection of Route 151). Owner Andre Cameron began his business several years ago on Ray Hill Road, offering chicks to hobby farmers and residents to raise chickens in their backyard for meat or eggs. Six breeds are currently available including, Rhode Island Reds, Dark Cornish and Cornish cross varieties. He plans to expand to 30 breeds by year-end and hopes to offer Narragansett turkeys again next year. In addition to offering free advice to help start-up your own coop, visitors can also purchase necessary supplies, including lamps, brooders, transport coops, and egg wash kits. The store is open Tuesday through Friday from 10:00 a.m. to 6:00 p.m. and Saturdays from 10:00 a.m. to 3:00 p.m. Visit www.cameronfamilyfarm.com or call 860-615-9135.

Please visit the Business Directory on the homepage of the municipal website www.easthaddam.org for a complete listing of East Haddam businesses. Also, check the Community Calendar section for upcoming local business events.

Contact the EDC at mrcdm@snet.net or P.O. Box K, East Haddam, to have your new business or service listed here.

Conservation Commission

What goes together like peanut butter and jelly? Well, scouting and wide open spaces actually, and nowhere better than here in our town. Our East Haddam Scouts don't have far to travel to go to get out onto miles of marked trails through forests and fields and along rivers and ridge tops. Your Conservation Commission, in its role as stewards of well over 1000 acres of East Haddam open space, is working closely with Boy Scouts and Cub Scouts right now to provide places for exceptional outdoor experiences, and we have plenty of them. Scouts are hiking, learning outdoor skills and natural science, and earning merit badges in our preserves.

In return, East Haddam Scouts are giving back by helping improve trails and facilities. Just in the last few months, eleven Cub Scouts and their leader gave a Saturday afternoon to clear the Blue Tail at the Hatch Lot property, enjoying the fresh air and exercise while fulfilling a service requirement. Eagle Scout candidate Griffin Shepherd has chosen to do his Eagle project by designing, organizing fellow scouts to help with, and building a camping site on our Hatch Lot Preserve. Two more aspiring Eagle Scouts, Kyle and Adam Mosig, have approached the Conservation Commission to begin the process of negotiating mutually agreeable projects to improve the infrastructure on one of our preserves.

Working with Scouts is one of the most rewarding experiences enjoyed by your Conservation Commission. If you would like to know more about how you can help with - or just enjoy - our many beautiful trails and preserves, contact Commission Member Susan Merrow at amerrow@snet.net for more information.

B&B
PEST CONTROL LLC
860 • 510 • 9159

- General Pests
 - Termites
 - Rodents
- Inspections
- Free Estimates



Bob Ventres
Owner/Operator
East Haddam, CT

Licensed & Insured
CT Lic #B-2878

WANT TO ADVERTISE?

Call Events Magazines at

(860) 767-9087

East Haddam - A Community That Understands the Value of Its Lakes

East Haddam was well represented at the June 14, Conference of the New England Chapter of the North American Lake Management Society held at UCONN in Storrs, CT, at which First Selectman Mark Walter and East Haddam Lakes Association (EHLA) member Randy Miller made presentations. Mark's topic was "Successful Collaboration Between a CT Lake Association and a Municipality" and Randy's topic was "Keeping Lakes (Financially) Afloat." Both talks brought focus to the ongoing partnership between the Town and lake groups to maintain and improve the quality of Bashan Lake, Lake Hayward and Moodus Reservoir by mitigating invasive weeds and ensuring that water quality remains high. The Town recognizes that invasive weeds can quickly overwhelm its lakes and if not checked, limit swimming, fishing and boating, which will drive down property values and the Town's Grand list. Both Mark and Randy noted

that property taxes generated by the lake communities compose a significant portion of the Town's revenue stream, and that spending by both full-time and part-time lake residents are an important economic engine to the area. Mark also touched on the Town's collaboration with the Chatham Health District and EHLA to support stronger septic pump-out requirements, which is important to maintaining clean lakes. East Haddam's support of the lakes is a win-win stewardship partnership for the lakes, all of East Haddam's property owners and businesses in Town. Both presentations were well received at the conference, generating much discussion by attendees, and put East Haddam on the map as a responsible lakes community.

Home Based Businesses

Come and sell at the August Flea Market, Tag and Bake Sale at the Moodus United Methodist Church on Saturday, August 23 from 9:00 a.m. - 2:00 p.m.

To rent a space at this popular event, \$15.00 (table NOT included); please call Beth at 860-873-9772. The spaces are a generous 10' x 15', (some indoor spaces, very limited!), are

available. (In case of HEAVY RAIN, the event will take place on the following Saturday.) Call today to reserve your spot!

The church is located at 20 Plains Road in Moodus (busy Route 151, not far from the Moodus Green and the Nathan Hale and Grist Mill Plazas, right next to the East Haddam Free Public Library, who is having a book sale!) on a very well-traveled road.

NATHAN HALE PHARMACY



Located in Nathan Hale Plaza, Moodus

**"DEDICATED TO YOUR HEALTH
AND WELL BEING"**

Complete Home Care Department
Oreck Vacuum Cleaners & Supplies
Cards & Gifts / Gift & Visa Cards
Small Appliances / Housewares
Cell Phone Accessories / Balloons
Personal Care Items / School Supplies
Digital Photo Kiosk Center and
Copy Machine & FAX Services Available

Monday - Friday 9:00 am - 8:30 pm

Saturday 9:00 am - 6:00 pm

Sunday 9:00 am - 1:00 pm

Visit us at

www.nathanhalepharmacy.com



PH: 860 873 1481 FAX: 860 873 2490

Eddies

**AUTO BODY
SPECIALISTS**

*"Serving Our Community
Since 1956"*

860-873-9044

www.eddiesautobodyct.com

**2 Matthews Drive
East Haddam 06423**

Lions Club

Not in the phonebook? Please email Lion Mike Gilroy at GilroyM@gmail.com with your name, address, and phone number and we will do our very best to get you in the next edition.

Phone companies (Comcast in particular) are not always willing to share their information with the Lions Club. AT&T has been the most reliable company but even they make mistakes. If you were not in the phonebook, have switched providers, have Comcast phone, or use primarily a cellphone. Please give us your info and we'll get you in the book.

And if you see Lion Tim Curtis, please be sure to say "Thank You" for the 10+ Years he has spent making the EH Lions Club Phonebook a must-have for every home & business in town. Thanks to his hard work, it's easy to get in touch with our friends, neighbors, and local businesses. Thank you Tim!

And now, some Lions Club News:

The East Haddam Lions would like to thank everyone who helped make this year's annual Lions Club Auction a success. Donations are accepted year-round, and there is always a need for "big-ticket" items such as vehicles and lightly

used furniture. Donors receive a tax-deduction for helping a non-profit organization. Without the support of families and estates, the auction would not be possible. Please consider supporting the Lions and the East Haddam Community with a donation. 100% of the money from the auction is used in the community to help various town organizations, charities and efforts such as the Food Bank, Fuel Bank, and Nathan Hale-Ray Senior Scholarships. A special thanks to all the Lions for their hundreds of volunteer hours and especially to Lion Joe Busher for his outstanding efforts in organizing this annual town tradition!

The Lions would also like to thank all the businesses, sponsors, and participants who helped make the annual East Haddam Lions Sprint Triathlon, Golf Tournament, Senior Chicken BBQ and Phonebook successful - and a special thanks to Lions Jon Bennett, Frank Kehoe, Zac Jezek, Don Goss, and Tim Curtis for organizing these events.

To make a donation, ask a question, or just say "Hi" please contact Lion Mike Gilroy at GilroyM@Gmail.com or (860) 891-5020.

Stage Company

The East Haddam Stage Company is very pleased to be back at Gillette Castle State Park for our 6th summer season of live theater. Back by popular demand is William Gillette's 1930 live-action radio show 'Sherlock Holmes and the Adventure of the Speckled Band', with two shows a day at 1:00 p.m. and again at 2:30 p.m. on the outdoor stage near the castle on Saturday and Sunday afternoons now through August 10th! There is limited bleacher and bench seating, but bring your lawn chair or blanket and have a picnic! This 30-minute murder mystery is free and open to all! This year's season is sponsored in part by Two Wrasslin Cats Coffee House and Cafe, GeoQuest environmental consultants and CT's own Liberty Bank! For more info go to www.EHSCO.org, or call 860-873-3521!



Left to right: Rayah Martin, Neil Myers, Rick Bean and John Hajnal.



PETER H. CHARBONNIER

ESQ, LLC

860.526.1780

97 MAIN ST. • CHESTER

I look forward to addressing your concerns in the following areas of law..

REAL ESTATE Refinance • Purchase • Sale • Reverse Mortgage • Eviction

SMALL BUSINESS Formation • Consulting • Purchase • Sale • Corporation • LLC

WILLS & TRUSTS Probate Administration • Living Wills • Estate Planning

DEBT WORKOUT Short Sale • Deed in Lieu • Foreclosure Avoidance

www.lawforlocals.com • SERVING THE COMMUNITY SINCE 1992 • phcatty@aol.com

East Haddam Elementary School

Dear Families:

I want to congratulate our students, staff and supporters for a successful year at East Haddam Elementary School! Each day, our students found enjoyment in their learning and we are fortunate to have staff members who are skilled in helping our students achieve good citizenship and academic success.

The school year culminated with memorable events and opportunities for learning extensions including our school-wide Flag Day/Volunteer Recognition, Field Day, PTO cultural arts programs and field trips for second and third graders.

Our third graders began their fourth grade transition with a visit from middle school administrators and guidance counselors, a school tour and several fun events to acclimate them to their new academic home next year.

As a result of budgetary changes affecting our Assistant Principal's position, Ms. Friend pursued career options and she was appointed Principal at Cook Hill Elementary School in Wallingford. Please join our school staff and students in thanking her for her good work with us and as we wish her continued success in this new position. Additionally, please join me in congratulating Dr. Iacobelli as she retires as our Superintendent and in wishing her continued good health and happiness.

As we reflect on this year's work, we are extremely grateful for the parent partnerships supporting us in our work with the children. Mrs. Spurgeon, PTO Co-President and East Haddam's Volunteer of the Month, recently announced that we have at least 100 parent volunteers supporting our students and staff in school! Our work has been greatly enriched as a result of our close connections with parents/guardians and our dedicated school volunteers. We appreciate working within this special school community to foster educational excellence, close communication, and mutual support to benefit our students.

Best wishes for relaxation and summer fun whenever possible!

Respectfully,

Joanne Collins
Principal

Additional great news! Registration is now open for this fall's YMCA Kids' Korner before and after school enrichment program for Kindergarten through fifth graders at the elementary school. Please register as soon as possible. Brochures and information are in the school office. You may call Melanie Carfora (860) 343-6208 or email mcarfora@midymca.org.



Students assembled for the Third Grade musical performances on June 4, 2014.



CONTACT:

45 Joe Williams Road, Moodus
860-873-5076

Summer Hours: M-F 7:00am-3:00pm

Joanne Collins, Principal

joanne.collins@easthaddamschools.org

Nathan Hale-Ray Middle School

School Supporters provide Outstanding **IMPACT**.



The staff of Nathan Hale-Ray Middle School would like to extend our gratitude to the members of MPAC (Middle School Principal's Advisory Committee). MPAC, our very supportive parent group, provides a myriad of opportunities for the students of the school. These opportunities include: the annual Walk-a-Thon, Variety Show, ice cream socials, book fairs, movies, fencing, running club, First Day Celebration, dances, staff appreciation and the list goes on and on. Through the efforts of the dedicated volunteers of MPAC, over \$13,000 was raised for the students of Nathan Hale-Ray Middle School.

Equally important MPAC provides a great arena to discuss school related topics such as scheduling, transition from the elementary school to the middle school, implementation of Common Core, standards-based report cards, SEED and teacher evaluations, and improving our website and communication. A special thank you goes out to the officers of MPAC president Trish Tarnowski, vice-president Denise Gable, secretary Jenn Dorr, treasurer Ellen Behilo, Kim Caminati as Bookfair Chair, Denise is First Day Chair, Tammy Spurgeon as Walkathon Chair, and Laura Wielaba as School Store Manager.

MPAC meets on the first Monday of every month in the library at 7:00pm. If you would like to become involved with MPAC, please contact Trish Tarnowski at katoabby13@gmail.com.

Once again the staff and students at NHRMS, would like to say thank you to the members of MPAC for all that you do!

Extra, Extra! **READ** all about it!

Calling all Middle School Students! The NHRMS Library will be open Wednesdays this summer with thousands of books, loads of magazines, and plenty of quiet space to read. The Library will also featuring movies at 10:00am!

Join the fun on July 9, 16, 23, 30 and August 20!
For more information check out the Library Resource Page, which you can access at: www.easthaddamschools.org/nhrms



CONTACT:

73 Clark Gates Road, Moodus

860-873-5081

Summer Hours: M-F 7:30am-3:00pm

Jason Peacock Principal

jason.peacock@easthaddamschools.org

Roy Parker, Assistant Principal

roy.parker@easthaddamschools.org

Nathan Hale-Ray High School

Lots to Celebrate at Hale Ray this Spring and Summer!



Students have been enjoying the warmer weather and meeting their social studies and science lessons on field trips. The senior class spent the day in Boston, Massachusetts and students also make the shorter trek to Bristol, Connecticut's Lake Compounce Amusement Park.

Congratulations to the students and Mr. Freeman of the Engineering and Product Design Class at the High School! They worked as a team to Place 1st in the "Classic Division", tied for 2nd in the "Composite Division" and won "Best in Show" for Engineering and Design with their new leaning car design (vehicle leans to steer) . It was a great day - providing many challenges for problem solving!



Also our athletic teams have had very successful spring seasons in the sports of baseball, softball, and golf. They have been great representatives of Hale Ray. Go Noises!

Have a safe and happy summer!

Stay Connected - Follow us on the web!



www.easthaddamschools.org/nhrhs/
www.facebook.com/pages/Nathan-Hale-Ray-High-School/
www.twitter.com/NHRHS_Insider or [/NoisesSports](http://www.twitter.com/NoisesSports)



Congratulations to the Class of 2014 in all your future endeavors!

Best of luck from Principal Spencer and the entire Hale-Ray staff!

Principal Spencer and Max Daniels

CONTACT:
15 School Street, Moodus
860-873-5065

Summer Hours: M-F 7:00am-3:00pm

Eric Spencer, Principal
eric.spencer@easthaddamschools.org

East Haddam School District

Congratulations to the Class of 2014! We are *so proud*.

Our students bring pride to the community of East Haddam through their achievements every day. As we celebrate the graduation of Hale Ray's most recent class, here is the list of where the Class of 2014 have been accepted. (* notates where students have committed to go next fall.)

American University	*Southern Connecticut State University
*Army National Guard	*Springfield College
Brevard Community College	St. John's University - Queens Campus
*Central Connecticut State University	Stony Brook University
Drexel University	SUNY at Farmingdale
*Eastern Connecticut State University	Syracuse University
*Embry-Riddle Aeronautical University - FL	Texas Southern University
Emmanuel College	*Three Rivers Community College
*Flagler College	*United States Army
*Gateway Community College	*United States Marine Corps
George Mason University	*United States Navy
Goodwin College	*University of Connecticut
High Point University	*University of Connecticut - Avery Point
Hofstra University	University of Hartford
Ithaca College	*University of Hawaii at Manoa
Johnson & Wales University (Providence)	*University of Maine
*Keene State College	University of Maine at Farmington
La Salle University	University of Massachusetts, Dartmouth
La Salle College	University of New England
*Lincoln Technical Institute	*University of New Hampshire
Long Island University - Brooklyn	*University of New Haven
Loyola University New Orleans	*University of North Florida
*Manchester Community College	University of Rhode Island
Merrimack College	University of Rochester
Middle Tennessee State University	*University of Saint Joseph
*Middlesex Community-Technical College	*University of Vermont
*Montserrat College of Art	*University of Washington - Tacoma
New England Institute of Technology	Wagner College
*New Hampshire Institute of Art	Wentworth Institute of Technology
Northwestern State University of Louisiana	Western Connecticut State University
*Nyack College	Western Michigan University
*Paul Mitchell - The School	Western New England University
Purdue University	Worcester Polytechnic Institute
*Quinnipiac University	Worcester State University
*Rhode Island College	
Roger Williams University	
Sacred Heart University	
*Saint Anselm College	
Salve Regina University	
*Seton Hall University	
Sienna College	

CONTACT:

26 Plains Road, Moodus

860-873-5090

Hours: M-F 8:00am-4:00pm

Upcoming Board of Education Meetings:

(7:00pm NHRHS Cafe)

August 12, 2014

September 9, 2014

Board of Education Members:

Nancy Haslam, Chair - Bryan Perry, Secretary

Laurie Alt - William Barney - Shawn Conroy

Tracey Gionta - Brian Pear - Marc Piscioti - Michael Werner

Town of East Haddam

7 Main Street ~ P.O. Box K East Haddam, CT 06423

Administrative Office Building

Main Number: 860-873-5020

Fax: (1st floor) 860-873-5042, (2nd floor) 860-873-5025

Hours: Monday, Wednesday, Thursday 9:00 a.m. to 4:00 p.m.,
Tuesday 9:00 a.m. to 7:00 p.m., Friday 9:00 a.m. to Noon

Selectman's Office

Mark B. Walter, First Selectman 860-873-5021 admin@easthaddam.org
Linda Zemienieski, Administrative Assistant 860-873-5021 admin@easthaddam.org

Assessor's Office

Loreta Zdany, Assessor 860-873-5026 assessor@easthaddam.org
Patty Veselak, Administrative Assistant 860-873-5026 assessor@easthaddam.org

Building Department

Keith Darin, Building Official 860-873-5024 building.dept@easthaddam.org
Carolyn Hart, Administrative Assistant 860-873-5024 building.dept@easthaddam.org

Chatham Health District

Liz Davidson, Sanitarian 860-873-5101 liz.davidson@chathamhealth.org

Finance Department

Cynthia Varricchio, Finance Director 860-873-5022 financeadmin@easthaddam.org
Dawn Snow, Finance Assistant 860-873-5040 finance@easthaddam.org
Kathy Klinck, Treasurer 860-891-8502

Land Use Offices

Jim Ventres, Administrator 860-873-5031 admin.landuse@easthaddam.org
Jim Puska, Zoning Enforcement Officer 860-873-5031 zeo.landuse@easthaddam.org
Janet Lombardo, Administrative Assistant 860-873-5031 landuse@easthaddam.org

Tax Collector's Office

Denise Dill, Tax Collector 860-873-5033 taxcollector@easthaddam.org

Town Clerk's Office

Deb Denette, Town Clerk 860-873-5027 townclerk@easthaddam.org
Beverly Christopher, Assistant Town Clerk 860-873-5027 townclerk@easthaddam.org

Public Works Department

fax: 860-873-6014

Town Garage Hood Lane Hours: Monday through Friday, 7:00 a.m. to 3:30 p.m.

Transfer Station Nichols Road Hours: Monday, Wednesday, Friday 7:00 a.m. to 5:00 p.m.
and Saturday 7:00 a.m. to 4:00 p.m.

Elizabeth Lunt, Public Works Administrator 860-873-5023 pwadmin@easthaddam.org
Richard Toolan, Public Works Superintendent 860-873-5023 pwsuper@easthaddam.org
Shirley Dill, Administrative Assistant 860-873-5023 publicworks@easthaddam.org
Don MacKenzie, Transfer Station Foreman 860-873-5030

Other Departments

Don Angersola, Fire Marshal 860-873-5004 admin@easthaddam.org
Shawn Daigle, Fire Chief 860-891-8400 firechief@easthaddam.org
Tiffany Quinn, Parks & Recreation Director 860-873-5058 parkandrec@easthaddam.org
Michael Olzacki, Animal Control Officer 860-873-5044 animalcontrol@easthaddam.org
Peter Simmons
Economic Development Coordinator 860-891-8503 edevcoordinator@easthaddam.org
Craig Mansfield,
Emergency Management Director 860-873-5103 ehaddamemgmt@easthaddam.org
Craig Mansfield,
Facilities Director 860-873-6019 cmansfield@easthaddam.org

Resident State Trooper East Haddam Police

860-873-1226 police@easthaddam.org
860-873-5041 police@easthaddam.org
Jennifer Berkenstock, Judge of Probate 860-295-6239
Linda Neal, Clerk lneal@ctprobate.gov

Registrars of Voters

Lucy Yacovino & Laurie Alt 860-873-5029 registrars@easthaddam.org

Senior Services - 15 Great Hillwood Road

Brad Parker, Municipal Agent 860-873-5034 seniors@easthaddam.org

Food Bank

860-891-8100

Visit our Website at www.easthaddam.org for more information,
including meeting minutes

GOODSPEED MUSICALS

First time at Goodspeed

Fiddler on the Roof

Extended!
Now - Sept 12



UNITED

WORLD PREMIERE!

IRVING BERLIN'S

Holiday INN

Sept 19 - 30



Connecticut
Light & Power
The Northeast Utilities System

Comcast

UNITED

860.873.8668

goodspeed.org

Stretches For An Aching Back

In my last article I identified two areas that can cause the majority of back issues. As a recap - for neck and shoulder issues it is usually a two-fold problem in that the front of the shoulders becomes tight and pulls the shoulders forward where it then weakens the area between the shoulder blade and the spinal column. Some of the tightness in this area can make the person look round shouldered or even hunched.

The easiest stretch to do for your upper shoulders requires either a doorway in your residence or the corner of a room. You will approach the doorway or inside corner of a room and bring your arms up level with your shoulders. You will bend your elbows to the point your forearm forms a 90 degree angle to your upper arms which are parallel to the floor. Place your forearm against the wall or doorway and with one foot forward lean your body forward until you feel a stretch. Hold for the count of 10 and back away from the wall/doorway. Repeat this movement for 5 - 10 repetitions. Repeat with your other foot forward.

Since this area is a two-fold issue as I mentioned above, you will need to also strengthen the rhomboid muscles that lie between your shoulder blades and your spinal column. A simple technique is to take a free weight (1 -5 pounds to start) or a can of fruit/veggies in one hand. Bend at your waist while leaning your other arm onto a table top or arm

of a chair/sofa. Let the arm with the weight hang down towards the ground. Then move the arm with the weight up, similar to pulling the cord of a lawn mower. As you bend your arm to bring the weight up towards your body you will be concentrating on using the rhomboid muscles to strengthen them. Do 5 - 10 repetitions and then switch to your other arm.

The other area that can cause a lot of pain is the lower back and it can be caused by tight muscles either at the 'sits bone' area or in the front of the hip involving the iliacus and psoas muscles. Although the frontal hip muscles can be loosened by a trained massage therapist, there are stretches that you can do to help put your body back in balance.

To stretch the frontal area an easy stretch to start out with is the forward lunge. You will put one leg forward approximately 1 - 2 feet in front of the other one depending on your fitness level. You will then lean forward while bending the knee that is in front. While you are in this position you will then tilt your torso backwards slightly to create a stretch for the frontal area. Hold for the count of 10 and repeat 5 - 10 times. Switch legs and repeat.

The 'sits bone' can be stretched by sitting on a body ball that is between 6" - 8" in diameter and you would place the ball on one side of your hip at a time. Stay on the 'sits bone' for a count of 10 and then switch hips. Please Note: A tennis ball will be too small and could be painful or create an injury in the area. A full size body ball that you can sit on that is chair height is too big of a surface and will not stretch the area.

Recommended Reading: There are two books that are both under \$20 that will show you how to release any tender/tight areas that you may be experiencing. One is the *Trigger Point Therapy Workbook* which covers the entire body. It tells you what can cause the problem along with easy to follow pictures in an "if it hurts here then press there" type of format. It is designed so you do not need a second person to help reach any areas of your body. The other book is the *Frozen Shoulder Workbook* where even though you may not have a frozen shoulder it covers all the muscles in the same format of the first book as to what muscles need to be released for you to have better mobility. It also includes exercises to strengthen your shoulders. Both are written by Clair Davies and can be ordered through your local bookstore or on line.

Please check with your doctor prior to starting any new exercise routine to verify they are OK to do with any health issue you may have. If a movement hurts while doing it stop immediately and check with your doctor before repeating.

Barbara Gaudio, LMT is a Licensed Massage Therapist located in East Haddam and can be reached at 860.526.1111 or www.BarbaraGaudio.com.

LaVita
Italian American Trattoria

860.873.8999
call for reservations

9 Main Street, East Haddam
across from the Goodspeed Opera House

LaVita9Main.com

Open Tuesday - Sunday
Lunch. Dinner. Brunch

Project Safe Halloween



All children up through grade 8 who are residents of East Haddam/Moodus are invited to attend the Annual Project Safe Halloween Party on Friday, October 31 from 5 to 8 p.m. in the Elementary School gymnasium. Come take a hayride and

trick or treat for lots of goodies.

Last year, about 600 children and families attended this community-wide event. It is offered as a safe, fun alternative to traditional trick or treating. The event is sponsored by the East Haddam Police Department as a way to keep all the children safe on Halloween night.

Civic groups are encouraged to join us by sponsoring a table to pass out treats, prizes, or games. Please contact Beth Schondorf at 860-873-9772 to register. You must register prior to the event even if you have participated in the past.

This event is totally funded by donations. Monetary donations are needed and can be sent to Project Safe Halloween, P.O. Box K, East Haddam, CT 06423. Donations of candy cannot be accepted. Special thanks to everyone who has donated in the past.

For more information or to help out at this very popular event, call Maryjane Malavasi at 860-759-5716.



A versatile music production studio featuring award-winning and Grammy®-nominated work.

- Composition, arrangement & music production for TV, Film, Radio, Theatre and Special Projects • Band CD Recording • Solo Projects • Voiceovers • Demos

Riverway Recording Studio, LLC
860.873.3404
www.facebook.com/riverwaystudio
 email: ira@riverwaystudio.com
 Hours by Appointment Only

Master Gardener's Corner

Have you heard the BUZZ about Bee Keeping? Within the past few years excitement abounds and thoughts swirl around the romantic adventure of becoming a bee keeper. Like many agriculture adventures, it is vogue these days to start a bee keeping project with the dreams of delicious honey flowing within months. And who knows? Maybe there is the possibility to have so much success you vision selling your wonderful honey to the local food outlet or at the Farmers' Markets. Well, this short article is to inspire you to think before you leap into a venture or project you have no experience in and act smartly by putting your horse before the cart.

Like any new venture, you need to know if there is a need. Well, there is never enough of bees especially with the bee decline in recent years. Next, where are you going to place your bees? Do you have an area that won't impede on the rights of your neighbor? Is anyone in your area allergic to bees? OK, all good so far; but now what? Do you know what it takes to manage bee hives? Do you have the financial resources to start a bee hive and maintain it through the first years as it gets established? What are the obstacles? Where will you get your bees? What will you do when you peek into your hive to find out they have all swarmed and left you with empty wooden boxes. Or worse yet, they are all dead! So many questions!

Don't be discouraged! If your idea and vision has worth, then planning for success is exciting and pays off in the long run, in this case, with yummy honey. For several years I dreamed of bee keeping and two years ago I started my first hives. Before spending the initial \$1000.00 set-up costs (bee

keeping isn't what it used to be), I hooked up with people in the know, people with the experience I didn't have. Then, I took a bee-keeping class, purchased some books, attended several seminars and workshops, joined the bee-keeping associations and registered with the State. Then, and only then, did I carry out my vision. I understood the pitfalls, the costs, the possible losses, and most importantly for me, the amount of time I needed to manage such a project. To sum it up, I did my homework!

Too often, well intentioned visionaries jump into a project based on their dreams and hope for the best. That isn't the way it works in bee keeping or any other agriculture project. It takes thoughtful planning, which will spell out the costs, and all aspects of managing the bee keeping project.

Is bee keeping for you? Then start your homework and get educated before you buy your bee supplies. Get all the facts and surround yourself with experienced people who will help you prevent costly mistakes. When people ask me how my bees are doing, I am thrilled to tell them all about my project and I never regret not rushing into my vision without preparation. So BEE Smart because Haste Makes Waste as they say, follow your dream but do the Right Thing at the Right Time and you will be rewarded with HONEY.

Contact: Connecticut Bee Keepers Association and Eastern Connecticut Bee Keepers Association

*Linda Stuhlman, Adv. Master Gardener,
 Certified Tree Warden*

Who Says Aging Can't Be Fun?

How many times have you heard the term anti-aging? I have to say I'm not fond of that description at all, for me anti-aging means anti-living. We're all aging every second of every day - some of us on a faster track, yes, but the point is aging is as natural and healthy, as the process of birth and death. Why fight it? If we could learn how to appreciate that process and how to have a positive attitude about it, our day to day existence would have more implications and the number of age would play a different role in our lives. To have "pro-aging" and a positive approach to birthdays, we need to change our path of thinking and lifestyle. We need to set new standards for ourselves and our families.

If you celebrated or will celebrate your 40th, 50th or even 60th and 70th birthday, you should not put yourself into an anti-aging mode. Society at large may want to keep people over 40 in a box that is labeled "over the hill" or "rest and retire," however you should be thinking that you just mastered your life and you're just getting started. Sure, the body changes as the years pass, but does that mean loss of function and vitality?

I will tell you, no! Search the web, look around and see people who age with grace. Those people can do sit ups or get up from the floor; they can do deep, flawless squats, and balance on one leg for a minute. Clearly, they don't need to buy a taller toilet because they have not lost the ability to move their body through space in this very important manner. Indeed, they're just an example of many that proves aging is not necessarily a self-made prison.

If you're in the anti-aging mode and have no idea how to switch to a pro-aging lifestyle, look for a support group and learn how to go through the process of accumulating somatic experience. No two people are exactly the same, so don't compare yourself to others. Just learn from them on how to go through life with a positive attitude and some expectations about your body.

Do resistance and functional training, and maintain as high level of function as possible over 75. Did you know that most fractures among older adults are caused by falls? And if an older adult doesn't fall, he or she may still deal with the fear of falling. By working with a trainer or a health coach, you will learn how to strengthen your muscles, improve or regain your balance, and vitality.

So the next time someone tries to convince you that a certain activity has to stop at a certain age, think about those who can squat better than most 30 year olds and be inspired by some elderly who can probably run circles around most of us. Be pro-aging in your attitude and lifestyle. Be an example every year of what it looks like to move and age with grace and gratitude.

Have a happy and vigorous summer season.

Maryla Radziszewski - Health Coach, LMT, CPT
Morefit, LLC

visit www.morefitct.com and sign up **TODAY**



**YOUR HEALTH IS OUR
PRIORITY**

East Haddam
860.796.1071 or 860.873.1866

LIKE us on FACEBOOK 

Health Coaching



Physical Training

- weight loss
- balance
- Strength
- post rehabilitation



Massage Therapy

- rehabilitation
- sports
- connective tissue
- laser touch
- kenisio taping



Nutrition Consultation



Parent Groups

Working together more than ever before!!

Hale-Ray Connections - High School Parent Group

"Connecting parents, staff and students for academic success."

Our Connections group strives to encourage and compliment communications throughout our High School Community. Our regular meetings provide an opportunity for parents to discuss school related topics and to share experiences.

During the past year we hosted a "Paying for College" presentation, Senior students from National Honor Society shared college exploration tips with us, we worked closely with EH Youth & Family Services and the Local Prevention Council to promote workshops that highlighted the "40 Developmental Assets"; the building blocks of healthy youth development. We were very proud to host a Staff Appreciation Breakfast in conjunction with the spring HS Book Fair.

In the upcoming year we hope to kick off the year meeting parents at Freshman Orientation and promoting the High School and Connections to parents & students at the Middle School - Look for us at First Day Celebrations! We will also host a table during HS Open House on the evening of September 11. We would like to explore ways of enhancing existing High School events to allow students, parents and staff opportunities to interact in an informal, social way. We plan to host both spring & fall Book Fairs

& Staff Appreciation Breakfasts. Additionally we will continue to work closely with EHY&FS and the LPC as they continue their work on strengthening target Development Assets: Positive Adult Role Models, Consistent Boundaries & Expectations, and Youth Resistant Skills. We can all help strengthen our youth with small, positive things we do every day!

We hope HS parents will join us for our regular meetings, (tentatively set for) the 2nd Wednesday of every month @ 7:00 p.m. in the HS Library. For more information about Connections please contact Lenore McLean at lmclean70@sbcglobal.net

MPAC - The Nathan Hale Ray Middle School Parent Group

The end of the school year was jammed packed for our students. The 8th grade enjoyed their last few weeks with us with a yearbook party and a class party. The 4th and 5th grades were able to end the year with an awesome Luau! We had an incoming parent tour and we were able to show what a great school Nathan Hale Ray Middle School is. MPAC was able to provide each grade with \$1,500.00 to use towards field trips and class enrichment. We were able to donate over \$6,000.00 worth of items to the school system with the generous charity pallets we received from S&S Worldwide in Colchester.

MPAC looks forward to our First Day Celebration. Guardians are invited to start the school year with their child at this great event. Each student will receive a new

continued on page 24



ARCHAMBAULT INSURANCE, INC.

Personal &
Business Insurance

2 North Main Street
P.O. Box C
Chester, CT 06412-0362



— Since 1876 —
www.central-insurance.com

(860) 526-9587

Fax: (860) 526-2412

www.archambaultinsurance.com

Center Podiatry

Foot Pain Specialists



Foot Pain Emergencies Seen Immediately

- Featuring Shockwave Therapy for Chronic Heel Pain
- Custom Made Orthotics
- Diabetic Shoes



Dr. Gary N. Grippo

Board Certified Foot Surgeon
Bone & Joint Specialist



Dr. Sean Lazarus

Sports Injuries - Biomechanics
Pediatric Footcare

www.centerpodiatry.com

1-800-676-FOOT (3668)

Guilford, East Haven, Higganum, West Haven, Clinton
Saturday Appointments Available

MARK REEVES, BUILDER

860-388-3825

Let's get those summer projects underway

NEW HOMES

WHOLE HOUSE REMODELS

ADDITIONS

KITCHENS

BATHROOMS



BASEMENT CONVERSIONS

SIDING & WINDOWS

ENTERTAINMENT CENTERS

FLOORING

GENERAL REMODELING

MARKJREEVESBUILDER@COMCAST.NET

WWW.MARKREEVESBUILDER.COM

CT LICENSE # 538583 & 10263 FULLY INSURED

continued from page 23

class T-shirt along with a chance to win prizes and meet community leaders. We hope that our students bring their class cheer to Walk-a-thon. It is our biggest fund raiser and it a great way for students to show their school spirit. Walk-a-thon will take place in the beginning of October and MPAC will be sending home information with the new school year packet.

MPAC is happy to announce that we will be setting up a dedicated indoor recess room in the 4th and 5th grade wing. We hope to also offer more after school activities this year.

MPAC meets on the first Monday of every month in the library at 7:00 p.m. If you have any questions regarding MPAC please feel free to contact Trish Tarnowski at katoabby13@gmail.com.

East Haddam Elementary School PTO

The EHES PTO is proud to report another successful year. We have carried on many traditions from previous years including Meet & Greet musical entertainment, Holiday Fair, Basket Bash, & Third Grade Ice Cream Social. This past year, we also began some new traditions such as Kindergarten Welcome, Meet the BOE Candidates, Bus Driver Appreciation, Teacher Conference Dinner, & Teacher Appreciation "Week." Our success can be attributed to the over 100 parent volunteers who assisted with these events throughout the 2013-2014 school year!

The EHES PTO offered many after school programs that were well attended during the school year and have included karate, arts & crafts, Learn to Type, Danskinetics, Fencing and Kids Fun Fitness. In addition, during this past school year, we hosted 13 special guests through our Cultural Arts program which supports our academic curriculum. Basket Bash proceeds fund this program. Thank you to all our supporters!

In the fall of 2014, the EHES PTO will look forward to hosting musical entertainment at the EHES Meet & Greet on Friday August 29 at 2:30, assisting our school staff during "First Week" with arrival, dismissal and lunches, holding our annual Fall Book Fair from September 29 - October 3 and our Mixed Bag Design Fall Fundraiser from October 15 - 29.

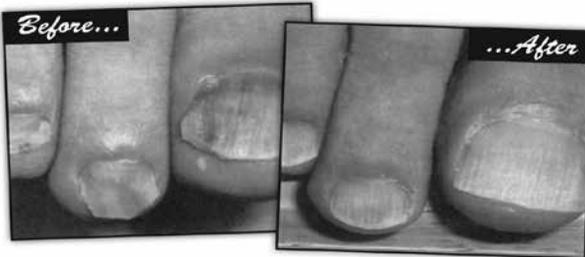
We are grateful for the support of our students, parents, teachers, staff and administration for the successes of the EHES PTO. For further information regarding the EHES PTO, please contact Tammy Spurgeon, President at tammy.spurgeon@ymail.com.

East Haddam Library System Survey

The East Haddam Library System needs your help! Please take a quick survey about our local libraries. It is available on <http://EHFPL.Blogspot.com>, <http://RathbunLibrary.Blogspot.com>, and the library Facebook Pages. Your feedback will help us as we continue to build our new library system. Thank you.

DO YOU HAVE "Ugly Toenail Syndrome"?

Unattractive, thick, yellow, discolored, brittle toenails



We Can Help!!!

Introducing a new innovative "laser" treatment for toenail fungus.

The "Q-clear laser" is FDA approved. Safe and painless.

No longer a need for oral medications or topical creams and solutions!! No longer a need to hide your embarrassing toenails!!

Free consultation available.

Call today for an appointment at one of our two office locations.

HADDAM FOOT CARE SPECIALIST

Dr. Stuart L. Jablon

1606 Saybrook Road (Tylerville), Haddam, CT 06438

Marlborough: 860-295-8791

Haddam: 860-345-3674

Dr. Stuart L. Jablon offers a full array of podiatric services to help you maintain healthy feet.

CH7-18-13

Garden Club News

East Haddam Garden Club Scholarship

The very first East Haddam Garden Club Scholarship, in the amount of \$500, was awarded in June to East Haddam senior Tara Schwenzfeier. Tara will attend the University of Connecticut this fall. She will study Applied Math in the UConn Honors Program. Congratulations, Tara!

Public Event: "Sustainable Landscaping" Program

"Sustainable Landscaping With an Emphasis on Water Quality" will be the topic of a presentation by ecologist and gardener Judy Preston on Wednesday, October 15, 7:30 p.m., at the East Haddam Senior Center, 15 Great Hillwood Rd., Moodus.

Ms. Preston is the part-time Connecticut Outreach Program Coordinator for the Long Island Sound Study, and a staff member at Connecticut Sea Grant. She is also a certified Master Gardener, Master Composter, and NOFA certified Organic Land Care practitioner. She holds degrees in geology, botany, and environmental management.

Her program will be preceded by a members-only business meeting at 7 p.m. Refreshments will be served.

Thank You!

The EHGC thanks everyone who purchased plants and baked goods at the annual Plant and Bake Sale May 17. Your generous support is greatly appreciated. This sale is the club's biggest fundraiser. Proceeds are used for many civic projects (for example, planting and maintenance at Goodspeed green and Shagbark triangle; designing and planting the beds of annuals at Gillette Castle; Thanksgiving centerpieces for the East Haddam Food Bank; and our latest initiative, the East Haddam Garden Club Scholarship).

Interested in the EHGC?

The purpose of the East Haddam Garden Club is "to stimulate the knowledge and love of gardens, and to aid in the conservation of native birds, animals, flowers and trees in the beautification of our community." There are currently 45 members; new members are always welcome. Club activities include hands-on civic planting projects, informative programs featuring knowledgeable speakers, visits to notable gardens, etc. For more information, call Betty Gross, 860-873-8732.

Library System - Frequently Asked Questions and Answers

Hello Friends & Neighbors,

I'd like to take this opportunity to answer a few of the more frequently asked questions about our Library System. It's wonderful that so many folks have taken an interest in the happenings of the libraries, and I'm sure that there are those of you who are curious but don't have time to ask me directly.

*Sincerely Yours,
Michael Gilroy*

What are the advantages of the new library system?

Prior to June 2013, the libraries were two semi-private institutions that had no formal relationship. It's been a little over a year since the libraries came under town management, and in that time the libraries have been able to extend their hours and streamline their circulation policies. The larger benefits are coming in early 2015, when EHFPL will join the Rathbun Library in the LION Consortium and the libraries will be able to share a common computer network.

What are the advantages of LION?

LION stands for Libraries Online and is a consortium of 27 libraries across the state of Connecticut. Its members share their collections equally among their patrons, making inter-library loans a much smoother process and giving you a much larger selection of readily available materials. Instead of having access to the 45,000 items at EHFPL and Rathbun, you will have access to over 2.5 million materials across the state. You can order these items online or at the library, and they (usually) arrive within a week. LION also provides digital materials including ebooks & audio books free of charge. LION is also able to subsidize some of the technology and tech support, which saves

money for the town and relieves the pressure on our overworked tech support volunteer.

When both libraries are on LION, what are the big changes that will affect me?

Only good things, I promise. The biggest challenge the library system has had up until this point is that the libraries have been on two separate networks. When EHFPL joins Rathbun in LION, it will allow the library computers to talk with each other which will make things much more convenient for you. There will be a single library catalog that will tell you at a glance which library has the items you are looking for and if they're available. You'll be able to order books from any LION library and select a pickup location. If you access the online catalog, you'll be able to see all of your library items in one place and renew them with a single click. It will also be easier to return, renew, and request items at each library. Users of both libraries are certainly in for a treat, while folks who prefer "their" library will be able to access the "other" library's resources for the first time.

This sounds great. Why hasn't this happened sooner?

The East Haddam Library Board and I had to weigh all of our options carefully, and choose the best network for our new library system. We sat down with EHFPL's vendor and representatives from LION and also reached out to other suppliers to get a clear cost/benefit analysis. The board and I felt strongly that the services provided by LION would give our patrons the best experience, and the decision was made. Budgeting, contracts and other concerns all played a role in setting the timeframe for the conversion. The plan is to have EHFPL on the LION consortium in early 2015 - which will be only a year and half after the formation of the EH Library System.

continued on page 26

continued from page 25

What if I don't use the library? How does this affect me?

The libraries are now easier to use than ever. In fact, with LION's digital items and easy online reserve system, you can order just about anything from home. All you need is a library card. EHFPL or Rathbun is open until 8:00 p.m. on Monday - Thurs, you can stop by at your convenience to pick-up your orders. How much do you spend renting or buying books & movies that you only get one use out of? Save your money! The libraries have brand new books, films, TV Series, and more, all available to checkout for free. Most items are available the same week they're released. The wait lists are quick, and sometimes non-existent. The libraries also

have free computer access and free WiFi, which are great for job-searching, facebooking, or even gaming. There's also printing, photocopies, and faxing. Best of all, the libraries are a great place to meet with friends & neighbors.

The best way to experience the libraries is to visit, and judge for yourself. If you haven't been in a while, I think you'll be presently surprised. If you're one of our more regular patrons - thank you so much for your support. Keep giving the staff your requests, our job is to get you the materials you want. There's something for everyone at your local library. For more details please, call the libraries - EHFPL: 860-873-8248 | Rathbun: 860-873-8210, Google us online, or stop by and visit.

Edible is Beautiful

My family has farmed the same land since 1660. So, not surprisingly, I understand how to produce food. But today, most Americans lack my advantages. In 1940, 18% of all U.S. citizens were working the land. By 1990, just 2.6% called themselves farmers. What was once common knowledge, how to grow and prepare healthy food, is lost to the overwhelming majority of our friends and neighbors. The Center for Community Agriculture at the town-owned Harris Farm is designed to meet that challenge, but we need your help. Our goal is to provide some of the basic resources that most Connecticut residents living on a more heavily developed landscape lack; prime farmland and the knowledge to produce food for the home and the marketplace. To that end, East Haddam is renting land at Harris to gardeners and commercial farmers who may just be getting started. In addition, the Center for Community Agriculture will provide facilities for preserving and packing food products for home and market. If you are as excited about growing (and eating) good, healthy food as I am, contact the First Selectman's Office (860-873-5021 or admin@easthaddam.org) and let us know you are out there. You may have the skills to help us and we may be able to help you. There's lots to do all year on a farm.

Agricultural standards and practices have come full circle in 74 years. In 1940, my grandfather, George Gelston, worked our land with draft horses and oxen teams producing a diverse range of food: milk, apple cider, pork, beef, chicken, eggs, corn, beans, squash and more, using what we would call organic methods, building soil fertility with animal manure composts and our farm family had company. Back then, industrial scale agriculture with its pesticides, herbicides and chemical fertilizers, did not exist. There were 22,000 diversified small farms in Connecticut (compared to about 4,000 now) all feeding themselves and selling their surplus to the marketplace. In the 1950's and 60's, our dairy farm adopted the methods of the day, using salt based fertilizers and modern pesticides. In 1969, we sold the dairy herd and entered the garden center business full-time. In 1974, I graduated with a degree in environmental horticulture. Today, our focus has returned to organic, sustainable practices with special attention to health and environment and we've joined the local food movement. Yup, full circle! Right back where grandfather started; good, fresh local food. Edible is beautiful.

Nancy Ballek Mackinnon

Nathan Hale-Ray All School - All Class Reunion 2014

Save the date! The Nathan Hale-Ray All School - All Class Reunion 2014 is Saturday, August 16 at the Moodus Sportsmen's Club, Colchester Turnpike, Moodus. Festivities start at 3:00 p.m.

Tickets are available at the door. Admission is \$20 and includes food and entertainment. The menu includes pulled pork, BBQ chicken, potato salad, coleslaw, tossed salad, iced tea, lemonade, coffee, and more. The bands are scheduled to perform as follows:

4:00 p.m. - The Jedd Chlebowski Quartet (jazz)

6:00 p.m. - The Stingrays (classic rock and roll)

8:00 p.m. - The Tom Sanders Band (classic and southern rock)

All three bands have Hale-Ray connections. Jedd Chlebowski is the son-in-law of the legendary softball coach and math teacher Lou Milardo. The Stingrays band features Paul Rich, class of 1982. Tom Sanders is from the class of 1971.

You don't have to be a Hale-Ray graduate to attend. Anyone who went to Hale-Ray or is part of the Hale-Ray extended family of parents, teachers, staff, and former teachers is welcome. You might even catch up with a favorite teacher. (Hint: A few of our teaching "legends" will be there!)

All proceeds will go towards helping our students. In 2013, our first year, we gave a scholarship, and this year we were able to give two \$500 scholarships.

Please bring your stories, memories, and old photos - anything you would like to share about what a special place Hale-Ray is.

For further information, e-mail haleyalumni@gmail.com, or call Ed Gubbins at 860-873-8012, or Roy Parker at 860-873-2367.

You can also visit us at www.haleyalumni.com or on Facebook at Past Students of Nathan Hale-Ray High School.

Discover I-Park



I-Park, Connecticut's premier artists-in-residence program, is celebrating almost fifteen years of programming. I-Park is an intimate artists' community nestled in 450 acres of woodlands, fields and wetlands in rural East Haddam; it borders the Devil's Hopyard State Park. I-Park's sole mission is to nurture individual artistic pursuits in the fields of music composition/sound sculpture, architecture, the visual arts, landscape/garden/ecological design, moving image and creative writing. This year, I-Park has launched a community engagement campaign and is making its grounds available for exploration on select days. If you are an art lover, an avid hiker, a bird-watcher, excited when encountering fauna and flora - or simply love to

spend time outdoors, come and discover the beauty and mystery of I-Park. You may wish to schedule a private hike (we now have 26 art and nature trails!) or enjoy a twilight dinner with entertainment this September at the I-Park Foundation's annual fundraising event. If you'd prefer to immerse yourself deeper in the I-Park experience, spend a weekend with us in October when the grounds are exploding with the brilliant colors of autumn.

July 30 - September 10/Facilities, Grounds Available for Private Tours, by appointment only.

Saturday, September 13/Annual Fundraising Dinner.

September 15 - October 15/Facilities, Grounds Available for Private Tours by appointment only.

Friday, October 17 - Sunday, October 19/for Major I-Park Donors

For more information, contact the office at 860-873-2468 or by email: info@i-park.org. Website: www-i-park.org.

I-Park Foundation, Inc.

East Haddam Free Public Library

Did you know that approximately 50% of the library's collection budget comes from donations?

Because of your generosity the library now serves more patrons, offers more programs, and has a better selection than ever before. Libraries are the heart of a community. By helping the library you will enrich the lives of everyone in East Haddam.

The Friends of East Haddam Free Public Library are residents of East Haddam who volunteer time to help the EHFPL library. Our goal is to make sure that the library has the funds, the materials, and the support it needs to carry out its mission to serve the community. The Friends meet on the 1st Tuesday of the month. All are welcome. For membership details or volunteer opportunities, call the library at 860-873-8248.

Moodus Package Store

23 Falls Road
Moodus, CT



**MIX & MATCH WINE
AND GET 10% OFF
FULL CASE QUANTITIES**

Let one of our friendly
and knowledgeable staff
members help you.

Check out our large selection
of wine and beer. Ask about our ever
popular Wine Society.

HOURS: Monday thru Saturday ~ 8:30 a.m. until 8:00 p.m.

860-873-8577

"An Ever Changing Wine List"



Air Conditioning Systems

- ◆ Central Heating & Heating Oil
- ◆ Residential & Commercial Duct Systems
- ◆ Service & Installations

860-526-5244

860-345-3218



CT Lic. # S1-395107
CT Lic. # SM1-1954
CT Lic. # SM1-1980



Wildlife Management Class



Students in the Wildlife Management class at Nathan Hale-Ray High School visited KinderCare in East Haddam on June 10. The older students taught the younger children about wildlife that live in our area. The Kindercare kids saw taxidermied animals, observed an amphibian exhibit, made animal tracks, touched examples of plants animals eat, viewed a skull collection and colored pictures of local wildlife. Mrs. Matthewson, NHRHS Agricultural Education teacher, said "I couldn't tell who was having the better time; the big kids or the little kids!" She plans to continue these types of community projects next school year.

MILE

MILE (Middlesex Institute for Lifelong Education) is a program for people 50 and over to participate in fun, educational sessions at Middlesex Community College. The fall orientation and registration will be held September 13 from 1:00 to 3:30 at the College 100 Training Hill Road, Middletown.

The fee is \$60 and includes fall and spring sessions. There are 15 weeks of classes (7 in the fall and 8 in the

spring). Each session is 2 hours long and ranges from Blue Grass music, to photography, to World Peace, trusts, the cardiovascular system, the Beatles, gardening to attract birds and butterflies. Those are the subjects of the first two weeks. The brochure will be available at the end of August on our website at www.mileonline.org or at local libraries and senior centers.


New England Alliance
 MORTGAGE
a division of Bank of England

Peter D. L. Kern
 VP - Branch Manager
 NMLS Number 11142

*Handling all of your
 Residential Mortgage
 Lending Needs.*

We Lend in 50 States

979 Farmington Avenue, Ste 1F
 Berlin, CT 06037
 Office: 860.828.5374
 Fax: 203.413.4399
 Cell: 860.966-3290

pkern@nealliancemortgage.com
 Bank of England
 NMLS 418481



ProfExt
 Professional Exterminating

*Richard Cusano • Proprietor
 Locally Owned & Operated*

**Residential & Commercial
 Customized Programs
 to Fit Your Needs**

- Termites • Carpenter Ants
- Carpenter Bees • Squirrels
- Rodent Control • Wasps

ALL WORK CONFIDENTIAL - UNMARKED
 VEHICLES - V.A. & F.H.A. CERTIFICATION
 FOR TERMITE INSPECTION - PRICES
 QUOTED OVER PHONE



Lic. #B-0557



860-663-2817

www.profect.com



The Law Office of
SCOTT W. JEZEK



Scott W. Jezek, Esq.
 Terrance D. Lomme, of Counsel

31 W.F. Palmer Road
 P.O. Box 376
 Moodus, CT 06469

Tel: (860) 873-1449
 Fax: (860) 873-1113

E-mail:
swjezek@sbcglobal.net

Moodus Reservoir Preservation Group, Inc.



The Town Beach on Moodus Reservoir is enjoyed by everyone in East Haddam and the two state boat launches are visited by recreation boaters and bass fishermen from the state and beyond.

The recently approved 2014-15 town budget provides \$6,000 in matching funds for lake invasive weed treatment, water health monitoring and public education. At the recent annual meeting, an extensive weed treatment program was presented to members

and fund raising ideas were discussed. Significant funds are needed to reduce the threatening invasive plant spread and maintain the lake's usefulness to the community. Volunteers are needed to help with fundraising, water monitoring and newsletter publication. In August, we hope to receive IRS 501c3 status which will allow tax exempt donations.

You can begin by becoming a member. Annual dues for July, 2014 to June 2015 are \$25 per household. Checks payable to "MRPG" may be sent to T. Varriale, Treasurer, MRPG, Inc., 76 Falls Bashan Rd, Moodus 06469. To offer your time and expertise, contact Jeff King, MRPG President at 860-873-1957.

Donations are always welcome. Information inquiries may be sent to Moodus.Reservoir@gmail.com. See us on Face Book at "Moodus Reservoir".

Help Us Help YOU

For the most part when it comes to finding your home, your family, friends, mail carrier, etc. know where you live. When someone that has never been to your address before can't find you, time is usually not a big deal; they can find a phone and call for directions.

Finding your address CAN be a big deal if someone can't find you quickly when a fire or a medical emergency occurs! Fire, ambulance, and police personnel who have never been to your address need to be able to locate you quickly when you call. If your home, business and/or mailbox does not CLEARLY show your address, it can delay vital emergency

help to you or your neighbors. Minutes will seem like hours when you are waiting for help! Help us to find you!

The East Haddam Fire Department is now offering highly visible reflective address markers to East Haddam residents and businesses. These professionally made address markers will be available for a nominal fee, and will be delivered to your address ready for installation. Order forms will be made available at the Town Office, and at the Company 1 firehouse located on Town Street. For further information, please contact 860-873-5037 and a fire department representative will contact you shortly.

**IF WE CAN'T FIND YOU
WE CAN'T HELP YOU**

ONLY \$15

REFLECTIVE ADDRESS MARKERS



East Haddam Fire Department

FEATURES

- Highly Visible Day or Night
- Reflective Material on Both Sides
- Fade Resistant, Last for Years
- Pre-drilled holes

ORDER YOUR REFLECTIVE ADDRESS MARKER TODAY

IT MAY HELP SAVE YOUR LIFE OR SOMEONE YOU LOVE

Cut off order form and mail in.

REFLECTIVE ADDRESS MARKER ORDER FORM

Please complete the following information:

Name _____

Address _____

City, ST Zip _____

Phone Number _____

Address Number Requested

Note: If your address has fewer than 5 digits, please X those boxes not used.

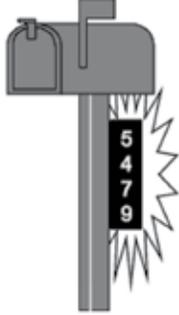
Mounting Preference

HORIZONTAL _____

VERTICAL _____

HORIZONTAL

VERTICAL



Send Checks Along With Order Form To:

East Haddam Fire Department - Attn: LT Kevin Ruttly

P.O. Box 375

East Haddam, CT 06423

COLDWELL BANKER
RESIDENTIAL BROKERAGE
SINCE 1906



DEE HASULY,
Realtor

Cell:
860-214-1864
Email:
Dee.Hasuly@cbmoves.com
Website:
www.deehasuly.com
5 Main Street
Essex, CT 06246

Top Producing Sales Executive
Consistently for the past 11 years.

But more importantly...
A Lifetime Resident of East Haddam

Contemplating Selling
Your Home?
Call me for expert guidance.



Owned and Operated by NRT LLC



JACKSON
O'KEEFE

ATTORNEYS AND COUNSELLORS AT LAW

- Personal Injury, Wrongful Death and Insurance Claims
- Estate Planning, Wills, Trusts
- Real Estate
- Divorce and Family Law
- Criminal and Motor Vehicle Defense

Joseph M. Busher, Esq.

51 Dolbia Hill Road
East Haddam, CT
860-873-2994

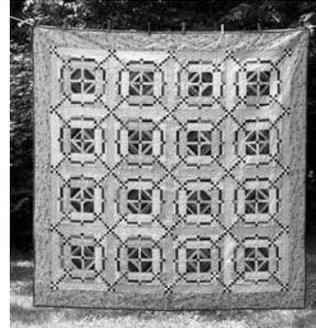
36 Russ Street
Hartford, CT
860-278-4040



Rated by
Super Lawyers

First Church Quilt Show

This will be our 19th annual "Quilt and Needle Arts Show". It will be held on October 11 and 12 at our historic church on Town Street. Our raffle quilt called "Candy Necklace" is shown here. All the quilts, needle arts, vendors and homemade luncheon fair make for a great time.



We welcome exhibitors of all abilities. There will be a special display of works by members of Studio Art Quilts Association. For applications to exhibit and information about the show please visit our website at www.ehquilt-show.com or call Betty Haines at 860-873-1985 or Margaret Charney at 860-537-3323.

Leo Club

The East Haddam Leo Club is a youth volunteer organization that focuses on building Leadership, gaining Experience, and granting Opportunities. There are over 160,000 Leos across the world, with more than 30 in the East Haddam Leos. Founded three years ago, our local Leo Club has been very successful, boasting a very large membership as well as numerous successful events. One such event is our annual Apple Festival, a fall celebration of apples and good times. It will be held at the Grange Hall on September 27. There will be games for kids of all ages, a bake sale, and an apple pie contest! The event is free and all members of the community are welcome to attend. For more information on the East Haddam Leo Club and Apple Fest, contact advisor Michael Gilroy at mgilroy@ehfpl.com or advisor Linda Lucas at 860-845-8789.



L-R: Owen McLean, Sarah Gieseler, Donovan Boynton, Grace McLean, Adviser Mike Gilroy, Walker Perrault, Masey Bradway, Sarah Haentjens, Alexis Rogers

Community Lions

The East Haddam Community Lions recently installed the new slate of officers for the coming year: Marcy Masci, President; Maryjane Malavasi, 1st VP; Margy Roberts, 2nd VP; Angela George, Secretary; Dan Alexander, Treasurer; Karan Conover, Membership Chair; Donna Swan, Tail Twister; Helen Adams, Lion Tamer; Linda Bradshaw, Cynthia Valentino and Sharon Langan, 1-Year Directors; Nan Alexander, Barbara Davis and Doug Swan, 2-Year Directors; and Arnie Davis, Past President. The Community Lions end their fiscal year with over \$27,000 raised and given back to our community and other Lion-sponsored projects. Recently at the Senior Awards Night the Community Lions presented their annual \$1,500 scholarship awards each to Sylena Kraczkowsky and Alexis Jelm. We wish the entire graduating class success in all their future endeavors. Our active membership increased by three new members this past year.

Ice Cream Social

Please join us, again this year, as the summer winds down and we prepare for the school year at our annual Ice Cream Social to be held on Thursday, August 21 at 6:00 p.m. at the Moodus Sportsman's Club. We will provide ice cream, toppings, cookies, brownies, floats, popcorn and more! There is no charge! There will also be face painting and live music!

Military Whist

The Military Whist will be held on Friday, October 17, 7:00 p.m. at the East Haddam Elementary School cafeteria. This

annual event draws close to 100 people for a fun evening of card playing, coffee and desserts and prizes. Don't miss out on an enjoyable evening!

Fashion Show

The Community Lions will host another elegant afternoon of food, fashions, friendship and fun on Sunday, November 2. Contact Lion Diane at 860-434-5611 or ddvp40@aol.com for tickets. More information to follow.

Memorial Day Parade



For the 2nd year, the Community Lions had a float in the Memorial Day Parade. Our float was awesome with many thanks to Lions Donna & Doug Swan for building and painting our 'Wall of Events', and to Lion Cynthia and Anthony Valentino for providing the tractor and trailer. Eighteen EHCL members rode and marched alongside the float.

If you are interested in becoming a Lion, please check out our website at www.ehcl.org and Like' us on Facebook! or call Membership Chair Karan at 860-874-5987.

Illnesses Caused by Heat

Even short periods of high temperatures can cause serious health problems. During hot weather health emergencies, keep informed by listening to local weather and news channels or contact local health departments for health and safety updates. Doing too much on a hot day, spending too much time in the sun or staying too long in an overheated place can cause heat-related illnesses. Know the symptoms of heat disorders and overexposure to the sun.

Heat Stroke

Heat stroke occurs when the body is unable to regulate its temperature. The body's temperature rises rapidly, the sweating mechanism fails, and the body is unable to cool down. Body temperature may rise to 106°F or higher within 10 to 15 minutes. Heat stroke can cause death or permanent disability if emergency treatment is not provided. Warning signs of heat stroke vary but may include the following: An extremely high body temperature (above 103°F, orally), Red, hot, and dry skin (no sweating), Rapid, strong pulse, Throbbing headache, Dizziness, Nausea, Confusion, Unconsciousness.

If you see any of these signs, you may be dealing with a life-threatening emergency. Have someone call for immediate medical assistance while you begin cooling the victim. Do the following: Get the victim to a shady area, Cool the victim rapidly using whatever methods you can. For example, immerse the victim in a tub of cool water; place the person in a cool shower; spray the victim with cool water from a garden hose; sponge the person with cool water; or if the humidity is low, wrap the victim in a cool, wet sheet and fan him or her vigorously. Monitor body temperature, and continue cooling efforts until the body temperature drops to

101-102°F. If emergency medical personnel are delayed, call the hospital emergency room for further instructions. Do not give the victim fluids to drink. Get medical assistance as soon as possible. Sometimes a victim's muscles will begin to twitch uncontrollably as a result of heat stroke. If this happens, keep the victim from injuring himself, but do not place any object in the mouth and do not give fluids. If there is vomiting, make sure the airway remains open by turning the victim on his or her side.

Heat Exhaustion

Heat exhaustion is a milder form of heat-related illness that can develop after several days of exposure to high temperatures and inadequate or unbalanced replacement of fluids. It is the body's response to an excessive loss of the water and salt contained in sweat. Those most prone to heat exhaustion are elderly people, people with high blood pressure, and people working or exercising in a hot environment. Warning signs of heat exhaustion include the following: Heavy sweating, Paleness, Muscle cramps, Tiredness, Weakness, Dizziness, Headache, Nausea or vomiting, Fainting. The skin may be cool and moist. The victim's pulse rate will be fast and weak, and breathing will be fast and shallow. If heat exhaustion is untreated, it may progress to heat stroke. Seek medical attention immediately if any of the following occurs: Symptoms are severe, or the victim has heart problems or high blood pressure. Cooling measures that may be effective include the following: Cool, nonalcoholic beverages, Rest, Cool shower, bath, or sponge bath, An air-conditioned environment, Lightweight clothing.

- www.ct.gov

Keeping History Alive at the East Haddam Historical Society and Museum

Staying up-to-date on local history, the East Haddam Historical Society and Museum has been busy freshening up, re-organizing and creating new displays. Have you stopped in lately to check out the Shad Fishing Exhibition? Or, brought your kids by to touch and feel the fiber samples in the Agricultural display? Don't forget to take a gander in our gift shop for a book or a unique piece of antique jewelry.

You will not want to miss these upcoming events hosted by the museum:

September 10 at 7:30 p.m.: A presentation on the history of



Shad Display at the East Haddam Historical Society Museum

the Native Mohegan Indian Tribe by noted Medicine Woman, author and historian, Melissa Tantaquidgeon Zobel.

October 8 at 7:30 p.m.: A performance and history of the renowned Moodus Drum & Fife Corps. Did you know the Corps performed at the dedication of the Washington Monument?

November 12 at 7:30 p.m.: The 24th Annual Lecture on the "Mysteries of East Haddam" featuring our Town Historian, Dr. Karl Stofko.

December 10 at 6:00 p.m.: The Annual Christmas Pot Luck Supper and Silent Auction.

All events are open to the public and free for members and children under 12. Donations from non-members are appreciated.

The Museum is located at 264 Town Street (Route 82).

Donations are always welcome. Hours are Friday through Sunday, 10:00 a.m. - 4:00 p.m., Memorial Day through Columbus Day, other times year-round by appointment.

The Museum is available for reasonable rent and cooperates with everyone looking to volunteer, satisfy community service or provide home-schooling opportunities.

Reach us by phone at 860-873-3944. Find us on Facebook: East Haddam Historical Society Museum. Email us at museum@easthaddamhistory.org. Check out our website at www.easthaddamhistory.org.

TONY'S Package Store

LOWER PRICES

WEEKLY WINE TASTINGS

10% OFF CASES OF WINE

95 Bridge Street
Haddam, CT

860-345-4307

HOURS

Monday - Saturday 8:30 a.m. - 9:00 p.m.
Sunday 10:00 a.m. - 5:00 p.m.



WESTBROOK: Enjoy Coastal Living at its Best! Beautiful Nantucket Colonial. Open Porches allow for marina/river/sound views. Home boasts of many energy and custom features. Asking \$639,000 (MLS9146044)

Betty Martelle
860-339-5251
cell: 860-333-7117
website: bettymartelle.com
33 Main Street
Old Saybrook, CT



WILLIAM RAVEIS

— REAL ESTATE • MORTGAGE • INSURANCE —
The Largest Family-Owned Real Estate Company in the Northeast



Essex Printing



2014 2 "Pinnacle" Awards
2013 "Award of Excellence"

18 Industrial Park Road
Centerbrook CT 06409
860 767 9087
essexprinting.com



Town of East Haddam
7 Main Street, PO Box K
East Haddam, CT 06423

PRSR STD
U.S. POSTAGE
PAID
PERMIT NO. 155
DEEP RIVER, CT

**EAST HADDAM
POSTAL PATRON**

Awesome Loan Rates @ essexsavings.com



Essex, 35 Plains Road, 860-767-2573 • Essex, 9 Main Street, 860-767-8238
Chester, 203 Middlesex Avenue, 860-526-0000 • Madison, 99 Durham Road, 203-318-8611
Old Lyme, 101 Halls Road, 860-434-1646 • Old Saybrook, 155 Main Street, 860-388-3543

Call Toll-Free: 877-377-3922

www.essexsavings.com

Member FDIC

Equal Housing Lender

